

No Manual for Life

COPPER KNOB
BY STEPHEN T. C.

拍數: 16 牆數: 4 級數: Improver
編舞者: Diana Liang (CN) - April 2025
音樂: Sheng Huo Mei You Shuo Ming Sh (生活没有说明书) - Luo Shen Mo Luo (洛什么洛)



Intro: 1

S1: Back Sweep, Behind Side Cross, Side Sweep, Behind Side Cross Rock, Recover, 1/8R Side Sway, Sway LR

1 step Lf back sweeping Rf from front to back
2&a step Rf behind Lf, step Lf to L, cross Rf over Lf
3 step Lf to L sweeping Rf to back
4&a step Rf behind Lf, step Lf to L, cross rock Rf over Lf
5 recover to Lf
6& turn 1/8 to R stepping Rf to R, 1:30H, sway to R
7 sway to L
8 sway to R dragging Lf towards Rf

S2: Forward, 1/2L Shuffle Back, Back Hook, Forward 1/8R Point, 1/4L Together Point, 1/4R Together Point, Forward, Full L Forward

1 step Lf forward
2&a turn 1/4 to L stepping Rf to R, 10:30H, turn 1/8 to L locking Lf over Rf, 9H, turn 1/8 to L stepping Rf back, 7:30H
3 step Lf back hooking Rf over Lf
4& step Rf forward, turn 1/8 to R pointing Lf to L, 9H
5& turn 1/4 to L stepping Lf next to Rf, point Rf to R, 6H
6& turn 1/4 to R stepping Rf next to Lf, 9H, point Lf to L
7 step Lf forward
8&a turn 1/2 to L stepping Rf back, 3H, turn 1/2 to L stepping Lf forward, 9H, rock Rf forward

Thanks and happy dancing!

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