

Lean On Me

拍數: 32 牆數: 2 級數: High Beginner
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音樂: Lean On Me - Saxity, Hoken & Victor Perry



Intro: 32 Counts

Step. 1/2 Turn Right. Right Coaster Step. Walk Left. Walk Right. Left Shuffle.

1 – 2 Step Right forward. Turn 1/2 Right stepping Left back. (6.00)
3&4 Step Right back. Close Left beside Right. Step forward on Right.
5 – 6 Walk forward Left. Walk Forward Right.
7&8 Step Left forward. Close Right beside Left. Step forward on Left.

*Turning Option for counts 5 – 8:

5 – 6 Step Left forward. Turn 1/2 Left stepping Right back. (12.00)
7&8 Shuffle 1/2 turn Left sepping Left, Right, Left. (6.00)

Forward Rock. Right Coaster Cross. Side Touches X2.

1 – 2 Rock Right forward. Recover on Left.
3&4 Step Right back. Close Left beside Right. Cross step Right over Left.
5 – 6 Step Left to Left side. Touch Right beside Left.
7 – 8 Step Right to Right side. Touch Left beside Right. (6.00)

Full Turn Left (Circular motion): Walk Left, Right, Left Shuffle. Walk Right, Left. Right Shuffle.

1 – 2 Start turning Left as you walk onto Left. Walk onto Right.
3&4 Continue turning Left as you Shuffle Left, Right, Left. (12.00)
5 – 6 Continue turning Left walking onto Right, Walk on Left.
7&8 Complete the circular motion Left with a Right shuffle stepping: Right, Left, Right. (6.00)

Forward Rock. Left Coaster Step. Step Out. Step Out. Jump Together. Heel Bounce.

1 – 2 Rock Left forward. Recover weight on Right.
3&4 Step Left back. Close Right beside Left. Step forward on Left.
5 – 6 Step forward and out on Right. Step out on Left.
&7 Step Right back. Step Left together with Right.
&8 Left both heels up (popping both knees forward). Drop both heels to the floor. (6.00).

Start Again!

NO TAGS – NO RESTARTS!

Ending – On Wall 7 you will end the dance after Count 32 facing the back. Cross Right over Left and unwind a 1/2 turn Left to finish facing the front wall.