

Shadows of You

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Chandrani Eilena Emmiyan (INA) - April 2025
音樂: Lady Gaga Ft. Adele - Shadows of You



Intro: 16 Counts

*1 Tag (4 counts) : at the end of wall 4 (facing 12.00)

**2 Restarts : after the counts of 6 in session 4 on wall 5 (facing 06.00) & wall 6 (facing 12.00)

Session 1 - SIDE & SWAY (R, L), BASIC NC, $\frac{1}{4}$ + $\frac{1}{2}$ L WITH ARABESQUE, BACK (x3), FWD, $\frac{1}{2}$ L BACK, $\frac{1}{4}$ L SIDE & SWAY

- 1-3 Step R to right side & sway, Recover onto L & sway, Step R to right side
- 4&5 Close L behind R, Cross R over L, $\frac{3}{4}$ Turn left & step L forward while rising R upward (arabesque) (3.00)
- 6&7 Step down onto R, Step back on L, R
- 8&1 Step L forward, $\frac{1}{2}$ Turn left & step R back (9.00), $\frac{1}{4}$ Turn left & step L to left side & sway (6.00)

Session 2 - RECOVER & SWAY, BASIC NC, $\frac{7}{8}$ L SPIRAL, RUN (L, R, L), RECOVER & SQUARING TO SIDE, $\frac{1}{8}$ L FWD

- 2-3 Recover onto R & sway, Big step L to left side
- 4&5 Close R behind L, Cross L over R, $\frac{7}{8}$ Turn left making a little hook on L (7.30)
- 6&7 Run on L, R, L
- 8&1 Recover onto R, Squaring & step L to left side (6.00), $\frac{1}{8}$ Turn left & step R forward (4.30)

Session 3 - RECOVER & SQUARING, $\frac{1}{2}$ R TWINKLE, TWINKLE, RUN (L, R, L), KEEP WEIGHT ON L & $\frac{1}{2}$ TURN R

- 2&3 Recover onto R (squaring to 6.00), $\frac{1}{4}$ Turn right & step R forward (9.00), $\frac{1}{4}$ Turn right & step L diagonal forward (10.30) then prepare to make next twinkle (body alignment to 1.30)
- 4&5 Step R diagonal forward, Step L forward, Squaring to 12.00 & step R to side (body alignment to 10.30)
- 6&7-8 Run on L, R, L, $\frac{1}{2}$ Turn right & keep the body weight on L (4.30)

Session 4 - FWD SWEEP, CROSS, $\frac{3}{8}$ L BACK, BACK, RECOVER, $\frac{1}{2}$ R BACK, BACK, WALK (L, R, L)

- 1-2&3 Step R forward while sweeping L from back to front, Cross L over R, $\frac{3}{8}$ Turn left & step R back (12.00), Step L back
- 4&5 Step R in place, $\frac{1}{2}$ Turn right & step L back (6.00), Step R back
- 6-8 Walk on L, R, L

TAG (4 counts)

At the end of wall 4 (facing 12.00)

FWD & HOLD, RECOVER & DRAG

- 1-2 Step R forward, Hold
- 3-4 Recover onto L while dragging R inward next to R

RESTARTS:-

On wall 5 (facing 06.00)

On wall 6 (facing 12.00)

After the counts of 6 in session 4

Happy dancing

Dancing from the heart

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