

Kenna's Way

拍數: 80 牆數: 4 級數: Improver
編舞者: M. Vasquez (UK) - March 2025
音樂: Do It Up Right - Marty Smith



Note: Dance starts on Main Vocal

Step, Point, Step, Point, Weave Left, Point

1-2 Step R foot forward, point L toe to L side
3-4 Step L foot forward, point R toe to R side
5-6 Cross R foot over L, step L foot to L side
7-8 Cross R foot behind L, point L toe to L side

Cross, ¼ Turn Left and Step Back, Step Back, Kick, Shuffle Back, Coaster Step

1-2 Cross L foot over R, pivot ¼ turn L as you step back on R foot
3-4 Step Back on L foot, kick R foot forward
5&6 Step Back on R foot, step L foot next to R, step back on R foot
7&8 Step back on L foot, step R foot next to L, step forward on L foot

¼ Monterey Turn, Stomp R, Swivel Heel, Toe, Heel

1-2 Point R toe to R side, pivot ¼ R on ball of L foot, stepping R foot next to L
3-4 Point L toes to L side, step L foot next to R transferring weight to L foot
5-6 Stomp R foot forward to R diagonal, swivel L heel towards R heel
7-8 Swivel L toe towards R heel, swivel L heel towards R heel

Stomp L, Swivel Heel, Toe, Heel, Step Back Diagonal and Touch and Clap (x2)

1-2 Stomp L foot forward to L diagonal, swivel R heel towards L heel
3-4 Swivel R toe towards L heel, swivel R heel towards L heel
5-6 Step R foot backwards to R diagonal, touch L toe next to R and clap
7-8 Step L foot backward to L diagonal, touch R toe next to L and clap

¼ Monterey Turn, Jazz Box, Step

1-2 Point R toe to R side, pivot ¼ R on ball of L foot, stepping R foot next to L
3-4 Point L toes to L side, step L foot next to R transferring weight to L foot
5-6 Cross R foot over L, step back on L foot
7-8 Step R foot to R side, step forward on L foot

Step/Rock, Recover, ½ Turn R, Shuffle, Step, ½ Pivot, Triple Step

1-2 Step/Rock forward on R foot, recover back on L foot
3&4 Turning ½ R, step forward on R foot, step L foot next to R, step forward on R foot
5-6 Step forward on L foot, pivot ½ turn R transferring weight to R foot
7&8 Step L foot next to R, step R foot in place, step L foot in place

Side Switches, Clap Twice, Heel Switches, Clap Twice

1&2 Touch R toe to R side, step R foot next to L, touch L toe to L side
&3 Step L foot next to R, Touch R toe to R side
&4 Clap hands twice
5&6 Touch R heel forward, step R foot next L, touch L heel forward,
&7 Step L foot next to R, touch R heel forward
&8 Clap hands twice

Step/Rock, Recover, Shuffle Back, Step/Rock, Recover, Shuffle Forward

- 1-2 Step/Rock forward on R foot, recover back on L foot
- 3&4 Step Back on R foot, step L foot next to R, step back on R foot
- 5-6 Step/Rock backwards on L foot, recover forward on R foot
- 7&8 Step forward on L foot, step R foot next to L, step forward on L foot

V-step Forward, V-Step Back

- 1-2 Step forward to R diagonal with R foot, step diagonally out with the L foot
- 3-4 Step back with the R foot, step back with the L foot, bringing feet together
- 5-6 Step back to R diagonal with R foot, step diagonally back with L foot
- 7-8 Step forward with R foot, step forward with L foot, bringing feet together

Step/Rock, Recover, Coaster Step, Step/Rock, Recover, Coaster Step

- 1-2 Step/Rock forward on R foot, recover back on L foot
- 3&4 Step back on R foot, step L foot next to R, step forward on R foot
- 5-6 Step/Rock forward on L foot, recover back on R foot
- 7&8 Step back on L foot, step R foot next to L, step forward on L foot

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