Hang Tight



拍數: 32 牆數: 4 級數: Beginner

編舞者: DJ Line Dance (USA) - March 2025

音樂: APT - Rose & Bruno Mars



	P	art	1
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1	Forward lifting Left arm finger snap back lifting Right arm finger snap R forward
2	Both arms down R Home
3	Forward lifting Right arm finger snap back lifting Left arm finger snap L forward
4	Both arms down L home
5	Forward lifting Left arm finger snap back lifting Right arm finger snap R forward
6	Both arms down R Home
7	Forward lifting Right arm finger snap back lifting Left arm finger snap L forward
8	Both arms down L home

Part 2: Running forward and back

1	R forward
2	L forward
3	R forward
4	L forward
5	L back
6	R back
7	L back
8	L R together

Part 3

raits	
1	Both Arms High R side toe touch
2	Both Arms High R home
3	Both Arms High L side toe touch
4	Both Arms High L home

Right knee forward hips shaking arms straight out up in the air fist index fingers pointing arms 5678

slow move from high to low

Part 4	
1	Both Arms Low both hands fingers spread out R side toe touch
2	Both Arms Low both hands fingers spread out R home
3	Both Arms Low both hands fingers spread out L side toe touch
4	Both Arms Low both hands fingers spread out L home
5678	Both hands in a fist with right hand punching it out knees slightly bent R stomps 90 degrees left turn to new wall