

# Pick Me Up

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Lindsay Spence (SCO) - March 2025  
音樂: Pick Me Up On Your Way Down - Martina McBride



Start on vocals tag at the end on wall 2

## Section 1 R Out/In/Out/In Vine,

1,2,3,4      right point to right side bring in beside left point out to right side bring in beside left  
5,6,7,8      right side left behind right side left touch beside

## Section 2 L Out/In/Out/In Vine ¼ Turn

1,2,3,4      left point to left side, bring in beside right left point out to left side bring in beside right  
5,6,7,8      left side right behind left turn ¼

## Section 3 R Weave, L Weave ¼ Turn

1,2,3,4      right side left behind, right side touch  
5,6,7,8      left side right behind left ¼ turn touch

## Section 4 K Step

1,2,3,4      right step fwd left touch beside right, left step back right touch beside left  
5,6,7,8      right step back left touch beside left step fwd right touch beside left

## Tag R touch, L touch

1,2,3,4      right to right side,touch left beside right, left to left side, touch right beside left

Hope you enjoy the dance !!!

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