Dance Like Nobody's watching

COPPER KNOB

拍數: 32

牆數:4

級數: Beginner

編舞者: GoWildWest Isabel (CH) - March 2025

音樂: Dance Like Nobodys Watching (Instrumental) - Wolfgang Lohr, Emma Lea & Offbeat

Intro: 1 x 8 counts wait

***3 Tags & Restarts: after Part 2 Face to 9 / after Part 4 Face to 6 / after Part 4 Face to 9 Options : you can easy replace twist steps !

Part 1: 2x on place twist, touch

- 1&2 weight on both feets : heel inside, heel outside, heel inside
- 3, 4 LF toe, weight is on RF, hold in this position do this with left knee outside
- 5&6 weight on both feets : heel inside, heel outside, heel inside
- 7, 8 RF toe, weight is on LF, hold in this position do this with right knee outside

(Optional replace twist : step, touch, step, touch, step, toe - right and left side)

- 1&2 weight on RF, touch with LF side left, weight on LF, touch with RF side right
- &3, 4 weight on RF, toe hold with LF
- 5&6 weight on LF, touch with RF side right, weight on RF, touch with LF side left
- &7, 8 weight on LF, toe hold with RF

Part 2 : 2x toe strut diagonal with weight, bounceturn 1/2 left

- 1, 2 RF toe, RF strut, do the strut with full body on RF and do this diagonal with knee out right
- 3, 4 LF toe, LF strut, do the strut with full body on LF and do this diagonal with knee out left
 5 RF step forward
- 6-8 bounceturn ½ left

Part 3 : walk, kick, back, touch

- 1-3 start with RF and walk forward
- 4 kick with LF and clap your hands
- 5-7 start with LF and go back
- 8 RF touch

Optional you can do with twist one way of this... means for or backward

Part 4: out, in, toe strut turn 1/4 left

- 1, 2 RF goes forward out your hands goes up right, LF goes forward out your hands goes up left
- 3, 4 RF goes back on place your hands goes down right, LF goes back on place your hands goes down left
- 5, 6 RF toe strut forward
- 7, 8 LF toe strut turn ¼ left

Have so much Fun \Box

