Deep Breath Big Smile



拍數: 64 牆數: 0 級數: Low Advanced

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音樂: Not At This Party - Dasha



Part A 16 counts, Part B 16 counts, Part C 32 counts

Tag 1 16 Counts, Tag 2 16 Counts

A - A - B - B - C - C - Tag 1 - A - A - C - C - Tag 1 - Tag 1 - B - B - Tag 2 - C (Sect 3 - 4) - C - Tag 1 -

Tag 1

Part A

Sect 1 JUMP, KICK x2, JUMP, KICK x2, JUMP, BRUSH, TOUCH, JUMP, BRUSH, TOUCH

& 1 <i>–</i> 2	Jump to left on L – Kick R diagonal L – Kick R diagonal L
& 3 – 4	Jump to right on R – Kick L diagonal R – Kick L diagonal R
0 F C	Lucia to left and Discola Discolard L. Touch Discolard holds

& 5 – 6 Jump to left on L – Brush R behind L – Touch R crossed behind L & 7 – 8 Jump to right on R – Brush L behind R – Touch L crossed behind R

Sect 2 SIDE, BEHINDE, SIDE ROCK, STOMPING RECOVER, VAUDEVILLE, TOUCH, UNWIND

& 1 & 2 Side step L – Cross R behind R – Side rock L – Recover R with a stomp 3 & 4 & Cross L in front of R – Step to side R – Heel forward L – Step L next to R

5-8 Touch R crossed behind L – Make $\frac{1}{2}$ turn on count 6-7-8 If next part is A, weight on R foot. If next part is B or C, weight on L foot

Part B

Sect 1 SHUFFLE, ½ STEP TURN, STOMP, MAMBO STEP, BACK ROCK, RECOVER, STOMP

1 & 2	Step forward R – Step on L behind R – Step forward R
& 3 – 4	Step forward L – ½ Turn right and put weight on R – Stomp forward L
& 5 <i>-</i> 6	Rock forward R – Recover on L – Step back R

& 7 – 8 Jumping back rock L – Recover on R – Stomp L next to R

Sect 2 GRAPEVINE, STOMP UP, GRAPEVINE, STOMP, SWIVET, SWIVET, STOMP, STOMP

& 1 & 2	Side step R – Cross L behind R – Side step R – Stomp up L next to F
& 3 & 4	Side step L – Cross R behind L – Side step L – Stomp R next to L

& 5 & 6 Swivel R toe to right and L heel to left – Swivel back to center – Swivel L toe to left and R

heel to right - Swivel back to center

7 – 8 Stomp R – Stomp L

Part C

Sect 1 JUMPIN ROCKING CHAIR, JUMPING GRAPEVINE, ¼ FLICK TURN, KICK, STEP, KICK, STEP, STOMP, SWIVEL, KICK

1 & 2 &	Jumping rock step forward R – Recover on L – Jumping rock step back R – Recover on L
3 & 4 &	Kick R to diagonal to right – Jump to right on R and flick L behind R – Kick R diagonal to right – Make $\frac{1}{4}$ turn left and flick back L
5 & 6 &	Kick forward L – Step forward L – Kick forward R – Step forward R
7 & 8 &	Stomp forward L – Swivel both heel to left – Swivel back to center – Kick forward L

Sect 2 BACK, KICK, BACK, 1/4 SAILOR TURN, FLICK & SLAP, STOMP, HEEL FAN, FULL TURN

1 & 2	Sten hack I _	Kick forward	R – Step back R
IXZ	OLED DACK L -	NICK IOI Walu	r - oled back r

3 & 4 & 1/4 Turn left and step back L – Step R next to L – Step forward L – Flick R and slap with right

hand

5 & 6 7 – 8	Stomp forward R – Swivel R heel to right – Swivel back to center and but weight on R $\frac{1}{2}$ Turn right and step back L – $\frac{1}{2}$ Turn right and step forward R	
Sect 3 MAMBO 1 & 2 3 & 4 5 - 6 7 - 8	STEP, COASTER STEP, ½ STEP TURN, ¼ TURN, POINT, ¼ TURN, STOMP Rock forward L – Recover on R – Step back L Step back R – Step L next to R – Step forward R Step forward L – ½ Turn right and put weight on R ¼ Turn right and point L to side – ¼ Turn right and stomp L next to R	
1 & 2 3 & 4 & 5 & 6 & 7 & 8 &	STEP, SAILOR STEP, HEEL FAN x3, CIRCLE CLAP Cross R behind L – Step L next to R – Side step R Cross L behind R – Step R next to L – Side step L Swivel R heel to right – Swivel back to center – Swivel L heel to left – Swivel back to center Swivel R heel to right – Swivel back to center Clap in front of you – Clap on the the right side – Clap high up in the air moving in a circle starting in front of you and going to the right side.	
Tag 1		
Sect 1 JUMPIN STOMP UP, FL 1 & 2 & 3 & 4 5 & 6 & 7 & 8	G ROCKIN CHAIR, STOMP UP, FLICK & SLAP, STOMP, JUMPING ROCKIN CHAIR, LICK & SLAP, STOMP Jumping rock step forward R – Recover on L – Jumping rock step back R – Recover on L Stomp up R next to L – Flick R and slap with right hand – Stomp R next to L Jumping rock step forward L – Recover on R – Jumping rock step back L – Recover on R Stomp up L next to R – Flick L and slap with left hand – Stomp L next to R G ROCKIN CHAIR, STOMP UP, FLICK & SLAP, STOMP, APPLEJACK x4 Jumping rock step forward R – Recover on L – Jumping rock step back R – Recover on L Stomp up R next to L – Flick R and slap with right hand – Stomp R next to L Swivel L toe and R heel to left – Swivel back to center – Swivel R toe and L heel to right – Swivel back to center Swivel L toe and R heel to left – Swivel back to center – Swivel R toe and L heel to right – Swivel back to center	
Tag 2		
Sect 1 SLIDE, DIAGONAL SLIDE 1 – 4 Big step to R and slide L towards R 5 – 8 Big step L diagonal back to left side and slide R towards L		
Sect 2 ½ TURN 1 – 4 5 – 8	I DIAGONAL SLIDE, SLIDE 1/2 Turn on L foot, make a big step R diagonal forward to right side and slide L towards R Big side step L and slide R towards L, changing the weight to R on the last count	