

Mama Told Me

COPPERKNOB
STEPPERS

拍數: 64 牆數: 0 級數: Phrased Advanced
編舞者: Priska Staud (CH) - March 2025
音樂: Mama Told Me - The Poverty Plainsmen



Tag 24 Counts, Final 1 Count

SEQ: 4 x A – B – B short – Tag – 4 x A – B – B short – Tag – 2 x A – 3 x B – B short – Tag short – B – B short – Tag – 2 x A – Final

* B Short: Ended after 16 Counts

* Tag short: Ended after 16 Counts

* Final: Stomp right in front

Part A

Sect 1 KICK, HOOK, 2 x KICK, COASTER STEP, HOLD

1 – 2 Kick R forward – Hook R in front of L
3 – 4 Kick forward R – Kick forward R
5 – 6 Step back R – Step L next to R
7 – 8 Step forward R – Hold

Sect 2 STEP, TURN, TURN, HOLD, ROCKING CHAIR

1 – 2 Step L in front – ½ turn over right with the weight on R
3 – 4 ½ turn over right with the weight on L – Hold
5 – 6 Back rock R – Recover L
7 – 8 Rock step R – Recover L

Sect 3 LOCK STEP ½ TURN, HOLD, CROSS, BACK ROCK, RECOVER, STOMP UP

1 – 2 Step R ¼ turn right – Lock L behind R
3 – 4 Step R ¼ turn right – Hold
5 – 6 Cross L over R – Jumping back R
7 – 8 Recover L – Stomp up R

Sect 4 HEEL, TOUCH, 2 x KICK, BACK ROCK, RECOVER, STOMP, STOMP

1 – 2 Heel R in front – Touch R next to L
3 – 4 Kick forward R – Kick forward R
5 – 6 Jumping back to R – Recover L
7 – 8 Stomp R – Stomp L

Part B

Sect 1 JUMPING ROCK STEP, RECOVER, 2 x SCOOT ¼ TURN, BACK ROCK, RECOVER, STOMP, STOMP

1 – 2 Jumping rock R diagonal forward – Recover to L hook R
3 – 4 Scoot on L ¼ turn right – Scoot on L ¼ turn right
5 – 6 Jumping back rock to the R – Recover to L
7 – 8 Stomp R – Stomp L

Sect 2 KICK DIAGONAL, FLICK AND SLAP, SIDE STEP, TOGETHER, STEP SLIDE, BACK ROCK, RECOVER

1 – 2 Kick R diagonal – Flick R behind L and slap with the left hand
3 – 4 Step R to the right – Step L next to the R
5 – 6 Step R to the right – Slide L next to R
7 – 8 Back rock diagonal L – Recover to the R *

* B short ends here

Sect 3 WEAVE, ¼ TURN ROCK RECOVER, ½ TURN, HOLD

- 1 – 2 Step L to the left – Step R behind left
- 3 – 4 Step L to the left – Step R cross over left
- 5 – 6 Side Rock L to the left with a ¼ turn over left – Recover the weight to the R
- 7 – 8 ½ turn over left – Hold

Sect 4 ¼ STEP TURN, CROSS, HOLD, SLIDE, STOMP, STOMP

- 1 – 2 Step R in front – ¼ turn over left with the weight on L
- 3 – 4 Cross R over L – Hold
- 5 – 6 Slide L to the L – Slide L to the L
- 7 – 8 Stomp R – Stomp L

Tag

Sect 1 STOMP, HOLD, HOLD, HOLD, FULL TURN STOMP, HOLD, HOLD, HOLD

- 1 – 2 Stomp L – Hold
- 3 – 4 Hold – Hold
- 5 – 6 Full turn over left Stomp R – Hold
- 7 – 8 Hold – Hold

Sect 2 ROCKING CHAIR, STEP TURN, TURN, HOLD

- 1 – 2 Rock step forward L – Recover to R
- 3 – 4 Back Rock L – Recover to R
- 5 – 6 Step L in front – ½ turn right and put the weight on the right
- 7 – 8 ½ turn right and step L next to R – Hold *

*** Tag short ends here**

Sect 2 ROCKING CHAIR, STEP TURN, STEP TURN

- 1 – 2 Rock step forward R – Recover to L
 - 3 – 4 Back rock R – Recover to L
 - 5 – 6 Step R in front – ½ turn left and put the weight on the left
 - 7 – 8 Step R in front – ½ turn left and put the weight on the left
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