

Two Steps Out

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
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音樂: Two Steps Out - 2341studios



No Tag, No Restart

Intro: 32 count - Start on Lyric / Vocal / Word

#1 Step Out and Kick x2, Three Step ½ Turn R, Step Out and Kick x2, Three Step ½ Turn L

1& Step RF to R side, Kick LF to R side
2& Step LF to L side, Kick RF to L side
3&4 Rock Step RF fwd, Recover LF, ½ R turn-RF fwd (weight on RF) (6:00)
5& Step LF to L side, Kick RF to L side
6& Step RF to R side, Kick LF to R side
7&8 Rock Step LF fwd, Recover RF, ½ L turn-RF fwd (12:00)

#2 Hip Bump x2, Hip Roll, Chug/Paddle 1/16 R Turn x4

1-2 Step RF to R side and Bumping Hip to R x2
3&4 Rolling Hip full circle anti clockwise
5 Make 1/16 R turn, Chug/Paddle RF going backward, weight on LF
6 Make 1/16 R turn, Chug/Paddle RF going backward, weight on LF (1:30)
7 Make 1/16 R turn, Chug/Paddle RF going backward, weight on LF
8 Make 1/16 R turn, Chug/Paddle RF going backward, weight on LF (3:00)

Jazz Box with Toe Strut, K-Step

1&2& Cross R toe Over LF, Down R heel, Stepping L toe Bckwd, Down L heel
3&4& Step R toe to R side, Down R heel, Stepping R toe fwd, Down L heel
5& Diagonal step forward RF (4.30), Touch LF beside RF
6& Diagonal step back LF. (10.30), Touch RF beside LF
7& Diagonal step back RF (7.30), Touch LF beside RF.
8& Diagonal step forward LF (1.30), Touch RF beside LF

(Balanced Step Hip Sway, ½ L Pivot Swinging Hips) x2

1-2 Rock Step RF to R side-Swaying Hip to R, Recover LF-Swaying Hip to L (3:00)
3-4 Step fwd on RF and push R Hip, turn ½ L placing weight on LF and swinging hips from left to right counter clock wise (9:00)
5-6 Rock Step RF to R side-Swaying Hip to R, Recover LF-Swinging Hip to L
7-8 Step fwd on RF and push R Hip, turn ½ L placing weight on LF and swinging hips from left to right counter clock wise (3:00)

Passions, Healthy and Happy Dance

Happy Dancing!

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