

# Hao Ren Hao Meng (好人好梦)

COPPER KNOB  
BY STEPHEN T. S.

拍數: 48                      牆數: 4                      級數: Improver  
編舞者: Penny Tan (MY) - March 2025  
音樂: Hao Ren Hao Meng (好人好梦) - Black Duck (黑鴨子)



Tag x3 / Restart 1

\*Tag (6C) at the end of W2 (6:00) , W7 (9:00) & W9 (3:00)

\*\*Restart on W5 after 36C , facing 3:00

## SEC1:TWINKLE STEP (L-R)

1-2-3                      Cross LF over LF, rock RF slightly to the R, recover on LF  
4-5-6                      Cross RF over LF, rock LF slightly to the L, recover on RF

## SEC2: WALTZ BALANCE STEP

1-2-3                      Step LF fwd , step RF next to LF , step LF in place  
4-5-6                      Step back on RF, step LF next to RF, step RF in place

## SEC3:TWINKLE ¼ TURN L , WEAVE

1-2-3                      ¼ turn L , Cross LF over LF, rock RF slightly to the R, recover on LF  
4-5-6                      Cross RF over LF , step LF to L side , step RF behind LF

## SEC4:SIDE , BEHIND , RECOVER (L-R)

1-2-3                      Step LF to L , rock RF behind LF , recover on L  
4-5-6                      Step RF to R , rock LF behind RF , recover on R

## SEC5:½ TURN L , BACK BASIC WALTZ (L-F)

1-2-3                      Step LF fwd, ½ turn L , stepping LF slightly back , step RF next to LF  
4-5-6                      Step back on RF, step LF next to RF, step RF in place

## SEC6:CROSS LUNGE

1-2-3                      Cross lunge LF over RF , recover on R , step LF to L side  
4-5-6                      Cross lunge RF over LF , recover on L , step RF to R side

## SEC7:FWD BASIC TWICE

1-2-3                      Step LF fwd , step RF next to LF , step LF in place  
4-5-6                      Step RF fwd , step LF next to RF , step RF in place

## SEC8:BACK BASIC TWICE

1-2-3                      Step LF back, step RF next to LF , step LF in place  
4-5-6                      Step back on RF, step LF next to RF, step RF in place

Have fun and happy dancing!

Last Update: 20 Mar 2025