

Girls Like To Swing

COPPERKNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Advanced
編舞者: Matt Lewis (UK) & Ray Jones (WLS) - March 2025
音樂: Girls Like To Swing - Sunidhi Chauhan



Intro: 16 Counts, Start at approx 8 secs

Sequence: A, A, B, B, B (20 Counts), B, A, Tag 1, B (20 counts), B, Tag 2, B, B (4 Counts), B, A, B, B, B (4 Counts), B, B, Ending

Part A: 16c

SEC 1 Out, Out, Side Shuffle, Out, Out, Side Shuffle

1-2 Step right to right bumping right to right, step left to left bumping left to left
3&4 Step right to right, step left beside right, step right to right
5-6 Step left to left bumping left to left, step right to right bumping right to right
7&8 Step left to left, step right beside left, step left to left

SEC 2 Step, ½ Pivot, Step, ½ Pivot, Side, Hip Roll

1-2 Step right forward, pivot ½ left transferring weight onto left (6:00)
3-4 Step right forward, pivot ½ left transferring weight onto left (12:00)
5-8 Step right to right, roll hips anticlockwise from right to left over 3 counts

Part B: 32c

SEC 1 Kick, Kick Side, Coaster Step, Kick, Kick Side, ½ Sailor Step

1-2 Kick right forward, kick right to right side
3&4 Step right back, step left beside right, step right forward

***Restart Replace 3&4 with the following then Restart**

***3-4 Rock right back, recover weight on to left**

5-6 Kick left forward, kick left to left side
7&8 Turn ¼ left step left behind right, turn ¼ left step right to right, step left forward (6:00)

SEC 2 ½ Shuffle, ½ Shuffle, ¼ Side Rock, Barrel Roll

1&2 Turn ¼ left step right to right, step left beside right, turn ¼ left step right back (12:00)
3&4 Turn ¼ left step left to left, step right beside left, turn ¼ left step left forward (6:00)
5-6 Turn ¼ left rock right to right, recover weight on to left bending left knee (3:00)
7&8 Turn ¼ right Hitch right knee, Turn ½ right jumping on to right hitching left, turn ¼ right step left to left (3:00)

Option

5-6 Turn ¼ left rock right to right, recover weight on to left (3:00)
7-8 Turn ½ right step right to right, turn ½ right step left to left (3:00)

SEC 3 Sailor Swing, Triple Swing, ¾ Walk & Run Around

1&2 Step right behind left, step left to left, step right to right lifting left to left
3&4 Step left beside right, step right to right, step left beside right lifting right to right

***Restart Here on B (20 Counts)**

5-6 Turn ¼ left step right forward, turn ¼ left step left forward (9:00)
7&8 Turn ⅛ left step right forward, step left forward, turn ⅛ left step right forward (6:00)

SEC 4 Flick, Together, Flick, Together, Flick & Flick, Cross, ¼ Back, ½ Shuffle

1&2& Flick left to left, step left beside right, flick right to right, step right beside left
3&4 Flick left to left, touch left beside right, flick left to left
5-6 Cross left over right, turn ¼ right step right back (9:00)
7&8 Turn ¼ right step left to left, step right beside left, turn ¼ right step left forward (3:00)

Tag 1

Walk, Walk, Shuffle, Step, ½ Pivot, Shuffle

- 1-2 Step right forward, step left forward
- 3&4 Step right forward, step left beside right, step right forward
- 5-6 Step left forward, pivot ½ right transferring weight onto right (9:00)
- 7&8 Step left forward, step right beside left, step left forward

Heel Digs, Weave, Heel, Touch, Side Drag

- 1-2 Touch right heel to right diagonal, touch right heel to right diagonal
- 3&4 Step right behind left, step left to left, cross right over left
- 5-6 Touch left heel to right diagonal, touch left beside right
- 7-8 Step left to left dragging right towards left over 2 counts

Tag 2

Note Follow rhythm of music

Cross, Full Unwind, ¼ Side, Together, Side, ¼ Hitch

- 1-4 Cross right over left, full unwind turn left transferring weight onto left over 3 counts (12:00)
- 5-6 Turn ¼ left step right to right, step left beside right (9:00)

Arms Reach both arms forward at waist height, pull arms in

- 7-8 Step right to right, turn ¼ right touch left beside right (12:00)

Arms Reach both arms forward at waist height, pull arms in

Styling 5-8 Keep body facing front wall,

¼ Side, Together, Side, ¼ Hitch, Prissy Walk x4

- 1-2 Turn ¼ right step left to left, step right beside left (3:00)

Arms Reach both arms forward at waist height, pull arms in

- 3-4 Step left to left, turn ¼ right touch right beside left (6:00)

Arms Reach both arms forward at waist height, pull arms in

Styling 1-4 Keep body facing front wall

- 5-6 Step right forward slightly crossing over left, step left forward slightly crossing over right

- 7-8 Step right forward slightly crossing over left, step left forward slightly crossing over right

Cross, Hold, ½ Unwind

- 1-2 Cross right over left, hold
- 3-4 Unwind ½ left transferring weight onto left (12:00)

Ending

- 1-2 Swing right arm to right side finishing above head, swing left arm to left side finishing above head
 - 3-4 Swing right arm to left hip, swing left arm to right hip
 - 5-8 Circle both arms up over head turning ½ left over 4 counts
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