The Wind

拍數: 32	牆數: 4	級數:

編舞者: Isabella Ghinolfi (IT) - March 2025

音樂: weren't for the wind - Ella Langley

Start after 32 counts

R TOE GRIND, R STEP BACK, HOLD, L ROCK BACK, L STOMP UP, L STOMP FORWARD

1-2	I shift my weight onto the right ball of the foot forward, I rotate from left to right (toe grind)
3-4	Right step back, pause
5-6	Left step back, I shift my weight onto the right foot
7-8	Left stomp to the side of the right foot (without weight), left stomp forward

(Jumping slightly) R KICK FORWARD, STEP R, L KICK FORWARD with ½

TURN LEFT, STEP LEFT, R ROCK BACK X 2

1-2	Jumping slightly, right kick forward and place the right foot
3-4	Jumping slightly, left kick forward turning ½ to right (6:00)
5-8	Still jumping slightly, right step back, I reload the weight to the left and repeat again

WEAVE TO RIGHT, SLIDE TO RIGHT, L ROCK BACK

1-2	Right step to the right, I cross the left behind the right going to the right
3-4	Right step to the right, I cross the left in front of the right going to the right
5-6	Wide right step to the right, I bring the left closer to the right
7-8	Left step back, I reload the weight to the right

SLIDE TO LEFT, R ROCK BACK, SIDE ROCK TO RIGHT, RECOVER, SIDE ROCK TO RIGHT, R HITCH-FLICK TURNING ¼ RIGHT

1-2	Wide left step to the left, I bring the right closer to the left
3-4	Right step back, I reload the weight to the left
5-6	Right step to the right, I reload the weight on the left, slightly raising the right knee
7-8	Right step to the right, turning ¼ right, hitch/flick with right

Restart:
at the 16th beat of the 5th wall (we will be turned at 6:00)
At the end, up to the 24th beat, do a left slide to the left and touch the tip of the right foot behind the left.
Restart

www.wildangels.it
info@wildangels.it