

Guidance

拍數: 48 牆數: 4 級數: Intermediate - waltz
編舞者: Jhon Batin (INA) - March 2025
音樂: Guidance - Jacob Lee



Start Dance – on vocal ** No Tag or Restart

Sec 1 : Forward Sweep, Cross Over, Side Rock

1-2-3 Step L forward while sweeping R forward
4-5-6 Cross R over L, step L to left side, recover on R

Sec 2 : 1/8 Turn, Forward, Hitch, Back, 3/4 Turn, Forward L-R

1-2-3 Turn 1/8 right step L forward (01:30), Hitch R knee up
4-5-6 Step R back, turn 3/4 left step L forward (09:00), step R forward

Sec 3 : 1/2 Turn, Full Turn

1-2-3 1/2 turn left (03:00)
4-5-6 Full turn Right (03:00)

Sec 4 : Forward, Pivot 1/4 Turn, Botafogo

1-2-3 Step R forward, step L forward, turn 1/4 right (06:00) recover on R
4-5-6 Cross L over R, step R to right, step L in place

Sec 5 : Forward, 1/4 Turn With Sweep, Forward With Sweep

1-2-3 Step R forward, turn 1/4 left (09:00) while sweeping L forward
4-5-6 Step L forward while sweeping R forward

Sec 6 : Diamond Step 1/4 Turn

1-2-3 Cross R over L, step L to left side, turn 1/8 right step R back (10:30)
4-5-6 Step L back, turn 1/8 right step R to right side (12:00), cross L over R

Sec 7 : Spiral Full Turn, Scissor Step

1-2-3 Full spiral turn right (12:00)
4-5-6 Step R to right side, close L together R, cross R over L

Sec 8 : Big Step, Drag, Cross, 1/4 Turn, 1/2 Turn

1-2-3 Big step L to left side, Drag R to L
4-5-6 Cross R over L, turn 1/4 right step L back (03:00), turn 1/2 right step R forward (09:00)

Enjoy the dance... !

Contact : jhonbatin@gmail.com