Blossoming Heart



拍數: 96 牆數: 4 級數: Phrased Intermediate

編舞者: Rex Chuan (USA) - March 2025

音樂: Shin Hwa Cai (心花開) - Nana Lee (李千娜)



Start: after 30 counts of intro, And start with RF toe heel first.

Sequence: toe heel, ABCA*ABCTA**CTA***A****

Part A: 32c

S1: Cross, Side, Side, Side Slide, Toe, Heel, Ball Step

1234. Cross RF, hold 2, LF L, L half turn & RF R

L half turn & slide LF L, hold 6, RF toe in place, RF heel R, step RF in place

S2: Weave, Jump & Land RF-LF, Rock Recover

1&2&3. Cross LF, RF R, Back Cross LF, RF R, Cross LF,

4&56 Jump R & Land on RF first(4), and then LF behind(&), hold 5&6

78. Rock LF forward, Recover

S3: Rock, Recover, Point, Step, Point, Step, Kick, Step, Flip

1234. LF rock back, recover, LF point forward, LF step in place

5678& R ¾ turn & RF point forward, RF step in place, kick LF, step LF back, Flip RF toward hip and

slip LF back a little

S4: Step, Flip, Step, Flip, Step, Flip, Step, Tap, Cross, Side Tap

1&2&3&4&56. Step RF in place, flip LF & slip back, step LF in place, flip RF & slip back, step RF in place,

slip LF & slip back, step LF in place, tap RF R, hold 5&6

78. Cross RF, tap LF L

Part B:32c

S1: Cross Kick, Side Kick, Sailor Step, Cross Kick, Side Kick, Sailor Step

123&4. Kick LF R, kick LF L, LF back, RF side, LF side 567&8. Kick RF L, lick RF R, RF back, LF side, RF side

S2: Kick, Kick, Coaster Step, Rocking Chair

123&4. Kick LF, kick LF, LF back, RF together, LF forward

5678 RF forward, recover, LF back, recover

S3: Side Tap, Step, Side Tap, Step, Side Tap, Hitch, Kick, Kick, Ball Step, Step, Scuff

1234. RF tap R, RF step in place and LF tap L, LF step in place and RF tap R, hitch RF

56&78. Kick RF, kick RF, RF ball step, LF forward, RF scuff

S4: Cross, Heel Turn, Heel Turn, Recover, Back, Recover, Side, Together

123. Cross RF, heels up and swivel L quarter turn L and bump heelsl against floor, repeat

456. Recover on LF and L quarter turn, L half turn and step RF back, hold 6

78&. Recover on LF, L quarter turn and step RF side, step LF together

Part C: 32c

S1: Side, Sway, Sway, Side, Together, Side, Sway, Sway, Side, Together

1234&. RF side, sway, sway, LF side, RF together

5678&. LF side, sway, sway, RF side, LF together

S2: Side, Rock Back, Recover, Side, Tap, Side, Together

1234&. RF R, LF back, recover, LF side, RF tap together

5678&. Hold 5, RF back, recover, L quarter turn and RF R, LF together

S3: Side, Sway, Sway, Side, Together, Side, Sway, Sway, Side, Together

1234&. Step RF R, sway, sway, R half turn and step LF L, RF together Step LF L, sway, R half turn and step LF L, step RF R, LF together

S4: Side, Jump Forward, Jump Back, Toe, Heel

12&34. RF R, hold 2, jump diagonally and land on LF, RF together, hold 4 while raise arms over

head and curve backwards

&5678. Jump back and land on RF, LF together, hold 6, RF toe, RF heal R

Tag(8 counts): Cross RF(1,2), LF toe(3)heel(4), cross LF(5,6), RF toe(7) heel(8)

Variations:

*Change the last two counts to RF toe heel

Thx and enjoy the dance!

^{**}Only dance the first section and change the count 8 to RF side(8), LF together (&)

^{***}Only dance the first section with the last two counts changed to RF toe heel

^{****}At the first two count L half turn and continue with count three as normal.