

# Run For The Roses

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 2      級數: Improver  
編舞者: Lesley Baxter (NZ) - March 2025  
音樂: Run for the Roses - Dan Fogelberg



Start: 48 counts – on the lyrics “Born”

## \*\*2 EASY RESTARTS

### S1: (1-12): WALK FWD LRL, FWD MAMBO, SIDE, BEHIND, RECOVER L&R

1 2 3      Walk Fwd LRL  
4 5 6      Step Fwd on R, Recover Weight on L, Step Bck on R  
7 8 9      Step L to Side, Step R Behind L, Recover Weight on L  
10 11 12      Step R to Side, Step L Behind R, Recover Weight on R

### S2: (13-24): 1/4 L, 1/4 L, BEHIND, 1/4 R WALTZ FWD, BCK, 1/2 TURN R, FWD, 1/2 TURN R

1 2 3      Turn 1/4 L Step L Fwd, Turn 1/4 L Step R to R Side, Step L Behind R  
4 5 6      Turn 1/4 RWaltz Fwd RLR  
7 8 9      Step L Bck, 1/2 Turn R (RL)  
10 11 12      Step R Fwd, 1/2 Turn R (LR)

### S3: (25-36): SIDE, ROCK, CROSS, BCK 1/4 L, BCK, RECOVER, FWD, 1/2 TURN L, BCK, 1/2 TURN L

1 2 3      Step L to Side, Recover Weight on R, Step L Across R  
4 5 6      1/4 R Step Bck on R, Step Bck on L, Recover Weight on R  
7 8 9      Step Fwd on L, Turn 1/2 L (RL)  
10 11 12      Step Bck on R, Turn 1/2 L (LR)

### S4: (37-48): STEP, LOCK, STEP L&R, WALTZ FWD & BCK

1 2 3      To L Corner Step L Fwd, Step R Behind L, Step L Fwd  
4 5 6      To R Corner Step R Fwd, Step L Behind R, Step R Fwd  
7 8 9      Step L Fwd, Step R Beside L, Step L Beside R  
10 11 12      Step R Bck, Step L Beside R, Step R Beside L

Intro: The Introduction is 48 counts. To begin dancing sooner, do the following starting after count 24 then start the dance:

### S1: (1-12): WALK FWD, FWD MAMBO, SIDE, BEHIND, RECOVER L & R

1 2 3      Walk Fwd LRL  
4 5 6      Step Fwd on R, Recover Weight on L, Step Bck on R  
7 8 9      Step L to Side, Step R Behind L, Recover Weight on L  
10 11 12      Step R to Side, Step L Behind R, Recover Weight on R

### S2: (13-24): 1/4 L, 1/4 L, BEHIND, 1/4 R FWD, 1/4 R SIDE, RECOVER, CROSS WALTZ L&R

1 2 3      Turn 1/4 L Step L Fwd, Turn 1/4 L Step R to R Side, Step L Behind R  
4 5 6      Turn 1/4 R Step R Fwd, 1/4 R Step L to Side, Recover Weight on R  
7 8 9      Step L Across R, Step R to Side, Step L Beside R  
10 11 12      Step R Across L, Step L to Side, Step R Beside L

\*RESTARTS: Walls 4 & 7 - After 12 Counts\*

Hope you enjoy the dance and the music.

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