

Been Waiting All Day

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Holly Wood (USA) - March 2025
音樂: Slow Motion - Marshmello & Jonas Brothers



Intro: 16 Counts

Restart on wall 4 (3 o'clock) after first 16 counts

Forward Touch, Back, Coaster Step x 2

1,2 Sweep/Touch R forward (1), Step R back (2)
3&4 Step back on L (3), Step R next to L (&), Step forward on L (4)
5,6 Sweep/Touch R forward (5), Step R back (6)
7&8 Step back on L (7), Step R next to L (&), Step forward on L (8)

Triple Step, Rock, Recover, ½ Turn, ½ Turn, Coaster Step

1&2 Step R foot forward (1) Step L next to R (&) Step R foot forward (2)
3,4 Rock forward on L (1) Recover on R (2)
5,6 Pivot a ½ turn over your L shoulder stepping forward on L (1) Pivot another ½ turn over L
 stepping back on R (2)
7&8 Step back on L (7) Step R next to L (&) Step forward L (8)

Note: Restart here on wall 4 (3 o'clock)

Step, Hitch, Shuffle, Modified ¼ Turning Jazz Box

1,2 Step forward R (1) Hitch knee (2)
3&4 Step forward R (3) Step L next to R (&) Step forward R (4)
5,6 Step forward L (5) Cross R over L (6)
7,8 Step back on L with a ¼ turn R (7) Step R to R (8)

Sailor x2, Ball Cross(snap), Hold, Unwind ½ turn

1&2 Cross L behind R (1) Step R to R side (&) Step L to L side (2)
3&4 Cross R behind L (3) Step L to L side (&) Step R to R side (4)
&5,6 Quickly step on ball of L (&) Cross R over L, snap fingers to side (5) Hold count (6)
7,8 Bounce unwind ¼ turn L (7) Bounce unwind ¼ turn L (8)
