

Espresso

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Phrased Improver
編舞者: Danielle Berger (USA), Lauren Foster (USA) & Lillia Schoegje (USA) - 18
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音樂: Espresso - Sabrina Carpenter



Tags: 0

Restarts: 1

Phrased Dance: ABB AB* BB AAA**

*Restart after 8 counts

**End at 16 counts

Intro: 16 Count Intro

"A" Part: Chorus 1

Point Hitch Point, Kick Together Point, Half Turn Hitch, Double Hip Bump

1&2 L toe tap to left, L heel touching right knee, L toe tap to left
3&4 L kick out to front, L step next to R, R toe point to right
5 6 R step to right, L heel touching right knee and ¼ turn on R clockwise, L step next to R
7&8 Bump L hip to left, bump R hip to right, bump L hip to left

Sweep Half Turn, Sailor Step, Turning Shuffle, Turning Shuffle

1 2& R sweep from right to cross over L, ½ turn over R shoulder (Transfer weight to R)
3&4 L step back on diagonal behind R, R step center, L step next to R
5&6 R step forward, L step in front of R with ½ counterclockwise turn, R step forward
7&8 L step forward, R step in front of L with ½ counterclockwise turn, L step forward

Step Step, Hip Bump, Coaster, Quarter Backwards Shuffle, Slide

1 2 R step forward, L step forward
&3 Bump left hip to left while putting weight on toes
4&5 L step backward, R step backward, L step forward
6&7 R step forward pivot ¼ turn counterclockwise, L step backward, R step backward
8 L slide to left

Heel Heel, Scissor Step, Step Hitch, Step Half Turn

1&2& R heel forward, R step back to center, L heel forward, L step back to center
3&4 R step to right, L step center in place, R step on diagonal in front of L
5 6 L step to left, R heel touch to left knee
7 8& R step to right, L ½ turn clockwise step to left (transfer weight on R)

"B" Part: Verse 1

Behind Side Cross, Double Hip Bump, Behind Side Cross, Double Hip Bump

1&2 L step behind R, R step to right, L step in front of R
3 4 R hip bump to right, R hip bump to right
5&6 R step behind L, L step to left, R step in front of L
7 8 L hip bump to left, L hip bump to left

Restart wall 5 facing 12 o'clock (front) wall

Pivot Half Turn, Two Step Turn, Rocking Chair, Step Quarter Turn

1 2 R step forward pivot ½ turn counterclockwise over left shoulder (weight on L)
3 4 R step forward ½ turn counterclockwise over left shoulder, L step forward ½ turn counterclockwise over left shoulder

- 5&6& R step forward with weight, recover weight to L, R step backward with weight, recover weight to L
7 8 R step forward into quarter turn over left shoulder

Jazz Box, Cross Shuffle, Side Rock Recover, Sailor Step

- 1&2 R step cross over L, L step backward, R step to the right
3&4 L step cross over R, R step in place (center), L step in place (crossed over R)
5 6 R step to the right with weight, recover weight to L
7&8 R step back on diagonal behind L, L step center, R toe touch next to L (weight on L)

Sailor Step, Pivot Half Turn, Two-Step Half Turn, Coaster Step

- 1&2 L step back on diagonal behind R, R step center, L step next to R
3 4 R step forward, pivot on R $\frac{1}{2}$ turn counterclockwise
5 6 R step forward $\frac{1}{4}$ turn counterclockwise, L step forward $\frac{1}{4}$ turn counterclockwise
7&8 R step backward, L step backward, R step forward

Repeat Part B – Pre-Chorus 1

Repeat Part A – Chorus 2

Repeat Part B – Post-Chorus (Restart after full 8 count)

Repeat Part B – Verse 2

Repeat Part B – Pre-Chorus 2

Repeat Part A – Chorus 3

Repeat Part A – Bridge

Repeat Part A – Outro (Ends after full 16 counts)
