

Tip on Your Toe

拍數: 64 牆數: 2 級數: High Intermediate
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音樂: Boom - Sean Paul & Busy Signal



Intro: 16 Counts at approx. 9 seconds

Restart: There is one restart, happens on wall 3 after 48 counts facing 12.00

[1-8] Step R to R & roll around down and up, ¼ Chug ¼ Chug, Side Hip Roll, Boogie Walk

1-2 Step right to right and roll hips down & up clockwise – finish with weight on left 12.00
3-4 Turn ¼ left press right to right keeping weight on left, turn ¼ left press right to right keeping weight on left 6.00

Option OPTION: flick R behind L if you on & before stepping down on R on count 5

5-6 Step right to right roll hips clockwise from right to left 6.00
7&8 Step right forward pushing both knees to right, step left forward pushing both knees to left, step right forward pushing both knees to right 6.00

[9-16] ¼ Point, Body Roll, Ball ¼ Step, ¼ Side, Touch Behind, Side, Behind, ¼ Step, Step, ½ Pivot

1-2 Turn ¼ right point left to left, body roll left transferring weight onto left 9.00
&3 Step right beside left, turn ¼ left step left forward 6.00
&4 Turn ¼ left step right to right, touch left behind right 3.00
5-6& Step left to left, step right behind left, turn ¼ left step left forward 12.00
7-8 Step right forward, pivot ½ left transferring weight on to left 6.00

[17-24] ½ Back, Hold, ¼ Reverse Chug, ¼ Reverse Chug, Step, Hold, Forward Pony Step

1-2 Turn ½ left step right back, hold 12.00
3-4 Turn ¼ left press left to left keeping weight on right, turn ¼ left step left to left 6.00
5-6 Step right forward, hold 6.00
7&8 Step left beside right hitching right knee, step right forward, step left behind right hitching right knee 6.00

[25-32] Side, Hold, Side, Hip Bumps x3, Back x 4

1-2 Step right to right, hold 6.00
3&4 Step left to left bumping hips left, bump to center, bump hips left 6.00
5-6 Step right back, step left back 6.00
7-8 Step right back, step left back 6.00

[33-40] Side, Back Rock, ¼ Side, Back Rock, Rocking Chair, Step, 1/4, Flick

1&2 Step right to right, rock left back, recover weight onto right 6.00
3&4 Turn ¼ right step left to left, rock right back, recover weight onto left 9.00
5&6& Rock right forward, recover weight onto left, rock right back, recover weight onto left 9.00
7&8 Step right forward, turn ¼ right step left to left, step right beside left flicking left to left 12.00

[41-48] Weave, Side Rock Behind, Full Volta Turn

1&2 Cross left over right, step right to right, step left behind right 12.00
3&4 Rock right to right, recover weight onto left, step right behind left 12.00
5& Turn ¼ left step left forward, step right beside left 9.00
6& Turn ¼ left step left forward, step right beside left 6.00
7&8 Turn ¼ left step left forward, step right beside left, turn ¼ left step left forward 12.00

NOTE: The restart is here, you'll be facing 12.00

[49-56] Side, Back Rock, ¼ Side, Back Rock, Rocking Chair, Step, ¼ with flick

- 1&2 Step right to right, rock left back, recover weight onto right 12.00
3&4 Turn ¼ right step left to left, rock right back, recover weight onto left 3.00
5&6& Rock right forward, recover weight onto left, rock right back, recover weight onto left 3.00
7&8 Step right forward, step left forward, turn 1/4 right recovering on right flicking left at the same time 6.00

[57-64] Weave, Side Rock Behind, Full Volta Turn

- 1&2 Cross left over right, step right to right, step left behind right 6.00
3&4 Rock right to right, recover weight onto left, step right behind left 6.00
5& Turn ¼ left step left forward, step right beside left 3.00
6& Turn ¼ left step left forward, step right beside left 12.00
7&8 Turn ¼ left step left forward, step right beside left, turn ¼ left step left forward 6.00
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