

A Life to Remember

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Kim Liebsch (DK) - March 2025
音樂: A Life To Remember - Michael Learns to Rock



Intro: 24 counts (appr. 13 sec) Start with weight on L foot

*1 Restart: On wall 5 after 24 counts(*9:00)

*1 tag: Repeat last 16 counts after wall 9(≠9:00)

#1 section: Cross rock, chasse', cross rock, chasse' ¼ turn

1-2 Cross rock R over L, recover on L 12:00
3&4 Step R to R side, step L next to R, step R to R side 12:00
5-6 Cross rock L over R, recover on R 12:00
7&8 Step L to L side, step R next to L, make ¼ turn L stepping L fw. 9:00

#2 section: Walk walk, rock recover, back back, back rock

1-2 Walk fw. R-L 9:00
3-4 Rock fw. on R, recover on L 9:00
5-6 Step back R-L 9:00
7-8 Rock back on R, recover on L 9:00

#3 section: Chasse', back rock X 2

1&2 Step R to R side, step L next to R, step R to R side 9:00
3-4 Rock back on L, recover on R 9:00
5&6 Step L to L side, step R next to L, step L to L side 9:00
7-8 Rock back on L, recover on R (*9:00) 9:00

#4 section: Side touch X 2, rocking chair

1-2 Step R to R side, touch L beside R 9:00
3-4 Step L to L side, touch R beside L 9:00
5-6 Rock fw. on R, recover on L 9:00
7-8 Rock back on R, recover on L (≠9:00) 9:00

Good Luck & N'joy!

(Contact: Kimliebsch on Instagram and liebsch@ymail.com)