

Helpless in a Honky Tonk

拍數: 32 牆數: 4 級數: Improver
編舞者: Daniel Exton (UK) - March 2025
音樂: Country Song Came On - Luke Bryan



S1: Skate, Skate, Step-Lock-Step, Mambo, Sailor ¼

1, 2 Skate forward Right, Left
3&4 Step Right forward, Lock Left behind Right, Right foot forward
5&6 Left foot forward, Right foot forward, Left foot back
7&8 Right foot behind Left with ¼ turn Right, Left to Left side, Right to Right side

S2: Vaudeville Right, Vaudeville Left, Cross, Side, Behind and ¼ Turn

1&2& Cross Left over Right, Right to Right side, Left Heel Out, Step Left foot down
3&4& Cross Right over Left, Left to Left side, Right heel Out, Step Right foot down
5, 6 Cross Left over Right, Right to Right side
7&8 Left behind Right, Right to Right side, Left foot forward with ¼ turn Right

S3: Side, Touch, Side, Touch, Mambo, Side Rock and Back, Side Rock and Back

1&2& Right to Right side, Touch Left next to Right, Left to Left side, Touch Right next to Left
3&4 Right foot forward, Left foot forward, Right foot back
5&6 Rock Left to Left side, Recover onto Right, Step Left foot back
7&8 Rock Right to Right side, Recover onto Left, Step Right foot back

S4: Walk Round ¾, Rock/Recover, Coaster

1, 2 Step Left foot forward with ¼ turn Left, Step Right foot forward with ¼ turn Left
3, 4 Step Left foot forward with ¼ turn Left, Step Right foot forward
5, 6 Rock forward on Left foot, Recover onto Right
7&8 Left foot back, Right foot back, Left foot forward

Tag: End of Wall 2

1-4 Rock forward on Right foot, Recover onto Left, Rock back on Right, Recover onto Left
5-8 Walk round full turn Right, Left, Right, Left

Restart 16 Counts into Wall 5
