

# Crazy Heart

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: David LECAILLON (FR) - March 2025  
音樂: Crazy Heart - Black Sands



The dance starts after 32 counts

**section 1 : STEP FWD, ½ TURN L, ½ TURN L STEP BACK, HOLD ,COASTER STEP, HOLD X2**

1-2            step Rf fwd , pivot ½ turn L  
3-4            ½ turn L step Rf back, hold  
5-6-7-8        step Lf back , step Rf next to Lf, step Lf fwd , hold

**section 2 : MAMBO FWD , HOLD, COASTER STEP, HOLD**

1-2-3-4        step Rf fwd, recover onto Lf, step Rf back , hold  
5-6-7-8        step Lf back, step Rf next to Lf, step Lf fwd, hold

**section 3 : ROCK FWD , ROCK SIDE, BEHIND , ¼ TURN L STEP FWD, STEP FWD, HOLD**

1-2            step Rf fwd, recover onto Lf  
3-4            step Rf on side, recover onto Lf  
5-6            cross Rf behind Lf, ¼ turn L step Lf fwd 9:00  
7-8            step Rf fwd, hold

**section 4 : MAMBO FWD, HOLD, COASTER STEP, STEP FWD**

1-2-3-4        step Lf fwd , recover onto Rf , step Lf back , hold  
5-6-7-8        step Rf back,step Lf next to Rf , step Rf fwd, step Lf fwd  
**RESTART HERE WALL 2 (facing 3:00) and WALL 5 (facing 12:00)**

**section 5 : SIDE TOUCH X2, SIDE, TOGETHER, SIDE, TOUCH**

1-2            step Rf on side, touch Lf next to Rf  
3-4            step Lf on side, touch Rf next to Lf  
5-6            step Rf on side, step Lf together Rf  
7-8            step Rf on side, touch Lf next to Rf

**section 6 : SIDE TOUCH X2, ¼ TURN L, TRIPLE FWD, TOUCH**

1-2            step Lf on side, touch Rf next to Lf  
3-4            step Rf on side, touch Lf next to Rf  
5-6-7-8        ¼ turn L step Lf fwd, step Rf next to Lf, step Lf fwd , touch Rf next to Lf 6:00

**section 7 : SCISSORS CROSS, HOLD, SCISSORS CROSS, HOLD**

1-2-3-4        step Rf on side, step Lf next to Rf, cross Rf over Lf , hold  
5-6-7-8        step Lf on side, step Rf next to Lf, cross Lf over Rf , hold

**section 8 : MAMBO ½ TURN R , HOLD, STEP FWD , ½ TURN R , STEP FWD, HOLD**

1-2-3-4        step Rf fwd, recover onto Lf , ½ turn D step Rf fwd, hold 12:00  
5-6-7-8        step Lf fwd , ½ turn R, step Lf fwd, hold 6:00

start again with smile

[dadouchoregraphe@outlook.fr](mailto:dadouchoregraphe@outlook.fr)