

There's The Sun

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Jan Brookfield (UK) - March 2025
音樂: There's the Sun - Zach Top



- Gentle, romantic song, no tags or restarts necessary.
- Dance is labelled HIGH beginner only because of the song structure.
- Start dance after 12 secs, one beat before "I must sound crazy now".

SECTION ONE: ROCK RIGHT FORWARD, RECOVER, BACK SHUFFLE; ROCK LEFT BACK, RECOVER, FORWARD SHUFFLE

1,2,3&4 Rock R forward, recover onto L, shuffle back on R,L,R

5,6,7&8 Rock L back, recover onto R, shuffle forward on L,R,L

(+ Possible arm styling : palms down on both sides on the rock forward and the rock back)

SECTION TWO: RIGHT ACROSS, SIDE, SAILOR STEP; LEFT ACROSS, STEP BACK INTO ¼ TURN LEFT, SAILOR STEP

1,2,3&4 Step R across in front of L, step L to left side; step R behind L, step L back out to left side, step R out to right side

5,6,7&8 Step L across in front of R, step back on R making a quarter turn left, step L back behind R, step R back out to right side, step L out to left side

(Now facing 9 o'clock)

SECTION THREE: STEP RIGHT FORWARD, TAP, BACK SHUFFLE; WALK BACK x 2, COASTER STEP

1,2,3&4 Step R forward, tap L toe just behind R; shuffle back on L,R,L

5,6,7&8 Walk back on R, L; step R back, step L next to R, step R forward

SECTION FOUR: OUT, OUT, HOLD; IN, IN, BOUNCE; ROCK BACK, RECOVER, STEP FORWARD, HALF-TURN PIVOT OVER LEFT SHOULDER, WEIGHT ENDS ON LEFT

&1,2,&3,4 Step L out to left side on the "&" count, step R out to right side on count 1; hold position on count 2; step L in place on the "&" count, step R next to L on count 3, bounce both heels on count 4 (weight evenly distributed on both feet)

5,6,7,8 Rock R back, recover onto L; step R forward, pivot half-turn over left shoulder, weight ending on L

(Now facing 3 o'clock)

START OVER