

Mucho Flow 2025

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Mucho Flow - Ilegales



*No Tag, 1 Restart

**Wall 5 restart after 16C

Section 1: Out, Out, In, In, Lock Step Forward, Pivot ½ R

1-4 Step Out on RF (1), Step out on LF (2), Step back on RF (3), Step LF next to RF (4)
5 & 6 Step RF forward (5), Lock LF behind RF (&), Step RF forward (6)
7-8 Step LF forward (7), Pivot ½ R shifting weight onto RF (8)

Section 2: Hip Swing L – R, Side Chasse, Hip Swing R – L, Side Chasse

1-2 Swing hip to L (1), Swing hip to R (2)
3 & 4 Step LF to L Side (3), Step RF next to LF (&), Step LF to L side (4)
5-6 Swing hip to R (5), Swing hip to L (6)
7 & 8 Step RF to R side (7), Step LF next to RF (&), Step RF to R Side (8)

***Restart: On Wall 5 dance up to Count 16 with step change, on last 2C do step RF to R side (7), Drag LF towards RF and step LF next to RF (8)

Section 3 : Syncopated Rock Fwd, Fwd Touch, Hip Bumps, Fwd, Hold, Together, Fwd, Scuff

12& Rock LF Fwd (1), Recover on RF (2), Close LF beside RF (&)
3&4 Touch RF Toe Fwd (3), Push Hip Fwd (&), Return Hip (4)
56&78 Step RF Fwd (5), Hold (6), Step LF Next to RF (&), Step RF Fwd (7), Scuff LF Next to RF (8)

Section 4 : 1/4L Jazz Box, Cross, Side, Drag, Together-Together/ Chest Press

1234 Cross LF over RF (1), 1/4L, Step RF back (2), Step LF to L Side (3), Cross RF over LF (4)
(Facing 3.00)
5678 Step LF to L Side (5), Drag RF towards LF (6), Step RF beside LF (7), Step LF beside RF (8)
(Press your chest forward twice on count 7,8)

Start again..

Best Regards,
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