

Chasing the Wind

拍數: 32 牆數: 2 級數: Improver
編舞者: Deb Gerard (USA) & Lucy Hense (USA) - March 2025
音樂: Chasing The Wind - Lanie Gardner



Intro: 32 Counts (start with lyrics)

SECTION 1 [1-8] SLIDE RIGHT, L CROSS ROCK BACK, L DIAGONAL TOE STRUT, R CROSS TOE STRUT, SLIDE LEFT, R CROSS ROCK BACK, R DIAGONAL TOE STRUT, L CROSS TOE STRUT

- 1, 2, & Slide RF to right side (1), Step LF back diagonally behind RF (2), Recover weight on RF (&
3 & 4 & Step L toe to left (3), Step down on LF(&) Cross R toe over LF(4) Step down on RF(&
(FACING 10:00)
5, 6, & Slide LF to left side (5), Step RF back diagonally behind LF (6), Recover weight on LF (&
7 & 8 & Step R toe to right (7), Step down on RF(&) Cross L toe over RF(8) Step down on LF(&
(FACING 2:00)

SECTION 2 [9-16] ROCK FORWARD, STEP TOE STEP , ½ TURN TRIPLE STEP, ROCK FORWARD, STEP TOE STEP, 1/8 TURN SAILOR STEP (END THIS STEP FACING THE 6:00 OR 12:00 WALL)

- 1 & 2 Rock fwd on RF (9), Touch L toe behind RF (&), Step back on LF (10)
3 & 4 Step RF behind making a ½ turn (11), Step LF next to RF (&), Step RF fwd (12) (FACING
7:00)
5 - 6 Rock fwd on LF (13), Touch R toe behind LF (&), Step back on RF (14)
7 & 8 Step LF behind RF making a 1/8 turn (15), Step RF to right side (&) Step LF fwd (16)
(FACING 6:00)

***RESTART HERE ON WALL 3 (go through the dance twice plus the first 16 counts) (facing 6 o'clock)**

SECTION 3 [17-24] R STEP ½ PIVOT TURN, TRIPLE STEP, STEP ½ PIVOT, STEP, TRIPLE BACK

- 1 - 2 Step RF fwd (17), make ½ pivot turn over left, transfer weight to LF (18) (FACING 12:00)
3 & 4 Step RF fwd (19), Step LF next to RF (&) Step RF fwd (20)
5 - 6 Step LF fwd making a ½ pivot turn over right shoulder (21), step back on LF (22) (FACING
6:00)
7 - 8 Step LF back (23) step RF next to LF (&) Step LF back (24)

SECTION 4 [25-32] STEP TURN, STEP TURN, STEP TURN, FWD SIDE ROCK CROSS, FWD SIDE ROCK CROSS

- 1 - 2 Step RF to right(25), Step LF back making a ¼ turn (26) (FACING 9:00)
3 - 4 Step RF fwd making a ¼ turn (27), Step LF back making a ½ turn (28) (FACING 6:00)
5 & 6 Step RF fwd to right side (29), Step LF next to RF (&) Cross RF over LF (30)
7 - 8 Step LF fwd to left side (31), Step RF next to LF (&) Cross LF over RF (32)

END OF DANCE

***Restart on Wall 3 after the first 16 counts of the dance (facing 6:00)**

32, 32, 16, 32, 32, 32, 32

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