Everything Changes



編舞者: Laura Rittenhouse (AUS) - March 2025 音樂: Everything Changes - Morgan Evans



Start after 8 beats

S1: SHUFFLE FWD, ROCK/RECOVER FWD, SHUFFLE BACK, ROCK/RECOVER BACK

1&2,3,4 Shuffle fwd on R (R,L,R), Rock L fwd, Recover on R 5&6,7,8 Shuffle back on L (L,R,L), Rock R back, Recover on L

S2: DOUBLE TIME VINE R&L ON FORWARD DIAGONALS; DOUBLE TIME ZIGZAG BACK

1,2,3,4 Step R to R fwd diagonal, Cross L behind R, Step R to R fwd diagonal, Step L to L fwd

diagonal, Cross R behind L, Step L to L fwd diagonal,

5&6&7&8& Step R back at R diagonal, Touch L beside R, Step L back at L diagonal, Touch R beside L,

Step R back at R diagonal, Touch L beside R, Step L back at L diagonal, Touch R beside L

*RESTART here after on Wall 3 facing 12:00

S3: LINDY SHUFFLE R & L

1&2,3,4 Step R to R, Step L beside R, Step R to R, Cross rock L behind R, Recover on R Step L to L, Step R beside L, Step L to L, Cross rock R behind L, Recover on L

S4: TURN ½ L SHUFFLES R&L:SIDESTEP R&L

1&2, 3&4 Turn ¼ L with R fwd shuffle R/L/R (9:00), Turn ¼ L with L fwd shuffle L/R/L (6:00)

5,6,7,8 Step R to R, Touch L beside R, Step L to L, Touch R beside L

*RESTART after S2 (16 counts) of Wall 3 facing 12:00 (the dance works fine with no restart but the restart means the chorus always begins with S1)

Last Update: 15 Mar 2025