

拍數: 40      牆數: 1      級數: Phrased Beginner  
編舞者: GoWildWest Isabel (CH) - March 2025  
音樂: APT - Rose & Bruno Mars



**A: 16 Counts /**  
**B: 32 Counts /**  
**Restart in Part B with Jumps**

**SEQ: A-B-A-B-B-A-BRestart-B-B-B-A-A**

**Intro 32 Counts Intro**

**A Sektion 1 Basics right and Basics left Face to**

1 - 3      RF step on the side right, LF close next to RF 12  
4      count 4 is a touch with LF next to RF 12  
5 - 7      do the same on the left side (LF step on the side right, RF close next to LF) 12  
8      Touch RF next to LF 12

**A Sektion 2 V Step and Jump out Face to**

1 - 4      RF goes forward out, LF goes forward out 12  
5 - 8      RF goes backward in, LF goes backward in 12  
1 - 8      Jump in out position, head to the right side and say yes 2x 12

**B Sektion 1 K Step with claps Face to**

1 - 4      RF step diagonal forward, LF touch close with clap – LF step diagonal forward, RF touch close with clap 12  
5 - 8      do the same backwards, so you and at start position 12

**B Sektion 2 Step, drag, Camel walks diagonal Face to**

1 - 4      LF step left, drag RF to the LF, turn to the diagonal wall left 11  
5 - 6      wight pop on the RF and hold knee with left – hold in this position 11  
7 - 8      pop and pop with R knee and L knee (optional you can use your arms. right arm to the knee when left knee is popped and left arm when right knee is popped) 11

**B Sektion 3 Paddle turn (slowly), Hold, 2 Jazz Box with ¼ turns Face to**

1 - 6      paddle turn from the diagonal line to 6 o clock 6  
7 - 8      give wight on the RF and hold 6  
1 - 4      cross RF over LF, LF back, step RF in ¼ turn right, close with LF 9  
5 - 8      repeat 1 - 4 12

**Restart is in Part B after the Camel walks. You jump to start position and start again with B**

**Have so much Fun**

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