

Humble and Kind

COPPER KNOB
STEPPERS

拍數: 24 牆數: 4 級數: High Beginner
編舞者: Sandy Carty Hodges (USA) - March 2025
音樂: Humble and Kind - Tim McGraw



Thank you Lori M for this inspiration)

(section three **has alternate options, each section can be done on all walls if so chosen)

Intro: 48 cts.

SECTION ONE: MONTEREY, 1/2 RIGHT.

1-3 Step forward on left foot (1) point right toe to right. (2,3). (12:00)
4-6 1/2 turn right, step on right foot (4) point left toe to left side (5,6) (6:00)

SECTION TWO: TWINKLES LEFT & RIGHT 1/4 TURN RIGHT

1-3 Step left foot over right, (1) step right to right,(2) step left to left at slight diagonal left (3).
(6:00)
4-6 Step right over left, (4) step left to left while making 1/4 turn right, (5) step forward on right
(9:00)

**SECTION THREE: SUGAR FOOT LEFT & RIGHT ON ODD WALLS / STEP DRAGS LEFT & RIGHT ON EVEN WALLS...

SUGAR FOOT.....walls 3 & 9....

1-3 Touch left toe next to right foot, (1) scuff left heel) (2) stomp left foot forward (3)
4-6 Touch right toe next to left foot, (4) scuff right heel, (5) stomp right foot forward (6) (9:00)

STEP DRAGS.....walls 2 & 6.....

1-3 Step diagonal left on left foot, drag right foot next to left,
4-6 Step diagonal right on right foot, drag left foot next to right.

SECTION FOUR: PRESS LEFT AND RIGHT

1-3 Cross left over right, (1) recover on right, (2) step left to left (3)
4-6 Cross right over left, (4) recover on left, (5) step right to right (6) (cross left over right to begin
dance)

End of dance, start again and dance with a smile in your heart

(sandyutah82@gmail.com)
