Macbeth

級數: High Improver

拍數: 32 編舞者: Ashley Pelletier (CAN) - March 2025 音樂: Macbeth - Max McNown

INTRO: 16 Counts Restarts: 2 Tag/Restart: 2

L

*Restart: Wall 3 after 16 counts facing 9 o'clock & Wall 6 after 16 counts facing 6 o'clock *Tag/Restart: After Wall 2 facing 9 o'clock & after Wall 7 facing 3 o'clock

[1-8] SIDE, BEHIND, STEP 1/4 TURN R, PIVOT 1/2 TURN R, STEP 1/4 TURN R, BEHIND, STEP 1/4 TURN

- 1-2 RF to right, cross LF behind right
- 3-4 RF fwd ¼ turn right, LF fwd
- Pivot 1/2 turn R weight on RF, 1/4 turn right LF to left 5-6
- 7-8 Cross RF behind left, LF fwd ¼ turn left

[9-16] SWEEP, FWD, SWEEP, FWD, WEAVE, HITCH

- Sweep RF back to front, RF fwd 1-2
- 3-4 Sweep LF back to front, LF fwd
- 5-6& RF to right, cross LF behind, RF right
- 7-8 Cross LF in front of right, Hitch R knee up

***Restart here wall 3 facing 9 o'clock & wall 6 facing 6 o'clock

[17-24] CROSS, SIDE, BEHIND, STEP 1/4 TURN L, PIVOT 1/2 TURN L, FULL TURN L

- Cross RF in front of left. LF to left 1-2
- 3-4 Cross RF behind left, LF fwd 1/4 turn left
- 5-6 RF fwd, Pivot 1/2 turn left weight on LF
- 7-8 1/2 turn left RF back, 1/2 turn left LF fwd

[25-32] ROCKING CHAIR, SIDE, HOOK 1/4 TURN L, STEP FWD, TOUCH

- Rock RF fwd, recover on LF 1-2
- Rock RF back, recover on LF 3-4
- 5-6 RF to right, hook LF in front of right while turning 1/4 turn left
- 7-8 LF fwd, touch RF next to left

TAG: CROSS ROCK, SIDE ROCK, BACK ROCK

- Rock RF crossed slightly in front of left, recover on LF 1-2
- 3-4 Rock RF to side, recover on LF
- 5-6 Rock RF behind, recover on LF

This dance is meant to move and flow when there is room which is lacking in my kitchen/demo.

A Special thank you to Megan Hennequin for the music selection.

Any questions feel free to contact me: ap-dance@hotmail.com





牆數:4