

# Confessions

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Brendan Simoens (USA) - March 2025  
音樂: Confessions - Flo Rida, ENHYPEN & Paul Russell



Intro: 32 counts, approx. 19 seconds

## ONE RESTART

### [1 - 8] Wizard step side swivel swivel ball step, ½ pivot, ½ sweep, sweep

1,2&      Step R to R diagonal (1), lock L behind R (2), step R to R diagonal (&)  
3&4&      Step L to L (3), swivel both heels L (&), return heels (4), step L in towards R (&)  
5,6      Step R forward, slightly over L (5), ½ L shifting weight to L (6) 6:00  
7,8      ½ L stepping R back sweeping L front to back (7), step L back sweeping R front to back (8)  
12:00

### [9 - 16] Back w/ pop, mambo step brush push, push, shuffle step, (¼) cross

1,2&      Step R back popping L knee (1), rock L back (2), recover onto R (&)  
3&4      Step L forward (3), brush R forward (&), step R forward leading with knee pushing hips forward (4)  
5,6&      Push hips back (on chorus look over L shoulder) (5), step R forward (6), step L next to R (&)  
7,8      Step R forward (7), begin ¼ L crossing L over R (8)

Counts 4-8 should be done slightly facing L diagonal

Restart will occur here on wall 6, you will start facing 9:00 and restart at 6:00 for wall 7

### [17 - 24] (¼) Hip roll, touch, hip roll, touch, sailor step touch slide, touch

1,2      Finish ¼ L stepping R out to R rolling hips clockwise (1), sit into R and touch L to L with knee popped (2) 9:00  
3,4      Roll hips counter-clockwise (3), sit into L hip and touch R to R with knee popped (4)  
5&6&      Cross R behind L (5), step L to L (&), step R to R (6), touch L next to R (&)  
7,8      Big step L to L (7), touch R behind L (8)

### [25 - 32] Press, flick, ¼, ¼, lock step step lock prep, ½ attitude

1,2      Press R to R (1), recover onto L flick R behind L (2)  
3,4      ¼ R stepping R forward (3), ¼ R stepping L to L side (4)  
5&6&      Cross R behind L (5), step L to L diagonal (&), step R to R diagonal (6), cross L behind R (&)  
7,8      Rock R to R prepping R (7), ½ L taking weight onto L and flicking R back (8)

**ALWAYS BE UNAPOLOGETICALLY YOU!!!**

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