

Own The Rhythm

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
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音樂: Así Yo Soy - Olga Tañón



Intro: 16 Counts

Step, Swivel, Back, Touch, Back, Touch, Sit Back, Flick, Samba Step

1&2 Step Fwd on R, Swivel Both Heels R, Recover (weight on L)
&3 Step Back on R, Touch L Slightly Fwd
&4 Step Back on L, Touch R Slightly Fwd
5-6 Step Back on R Dipping Down (Angle Body R), Recover on L Flicking R Back
7&8 Cross R Over L, Step L to L Side, Step R to R Side

Diamond 3/8 L, 1/4 L Cross Shuffle, 1/4 R Step Fwd, Hitch 1/4 R

1&2 Cross L Over R, Step R to R Side, 1/8 Turn L Step Back on L (10:30)
3&4 Step Back on R, 1/8 Turn L Step L to L Side, 1/8 Turn L Step Fwd on R (7:30)
5&6 1/4 Turn L Cross L Over R, Step R to R Side, Cross L Over R (4:30)
7-8 1/4 Turn R Step Fwd on R, Hitch L 1/4 Turn R (10:30)

Sway L-R-L, Sailor 1/4 R, Hip Step, Hip Step

1-2-3 Step and Sway L to L Side, Sway R, Sway L
4&5 Step R Behind L, 1/4 Turn R Step L Next to R, Step Fwd on R (1:30)
6-7 Touch L Slightly Fwd Bumping Hip Fwd, Step Fwd on L
8-1 Touch R Slightly Fwd Bumping Hip Fwd, Step Fwd on R

(Option: Turn 1/2 Turn R on each Hip Step)

Mambo Fwd, Coaster Step, Walk Around 5/8 L

2&3 Rock Fwd on L, Recover on R, Step Back on L
4&5 Step Back on R, Step L Next to R, Step Fwd on R
6-7-8 Walk Around in an Arc L-R-L Turning 5/8 L (6:00)

No Tags, No Restarts