

Let's Go Ladies!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Terry Daily (USA) - March 2025
音樂: Ladies Night - Kool & The Gang



Dance starts 64 counts in.

[1-8] Cross rock, ¼ shuffle, ½ Turn, Shuffle FWD

1 2 Cross RF over LF and recover LF
3&4 ¼ turn over R shoulder by stepping R foot to make the ¼ turn, step LF beside RF, step fwd R. (3:00)
5 6 Step L fwd, ½ turn over R shoulder shifting your weight to RF
7&8 Step LF fwd, step RF beside LF, step fwd LF (9:00)

[9-16] ¼ Collect, modified Jazz box, Hip Sway and Sit

1 2 Step RF out making a ¼ turn L and collect LF beside RF (weight will end on LF)
3 4 Cross RF over LF, Step back with LF
5 6 Step out with RF to R side, Drag LF into RF keeping weight on RF
7 8 Sway to L, return weight to RF and sit into R side popping the L knee (6:00)

[17-24] ¼ Turn Shuffle, Rock and Recover, ½ Shuffle, ¼ Collect

1&2 Step fwd with LF making ¼ turn L, step RF beside LF, step fwd LF (3:00)
3 4 Rock fwd with RF and recover on LF
5&6 Over R shoulder ½ turn shuffle by stepping RLR (9:00)
7 8 Step LF out making a ¼ turn R and collect RF beside LF taking the weight on RF (12:00)

[18-32] Weave with ¼ turn, Rock and Recover, Triple

1 2 3 4 Cross LF over RF, step out with RF, step LF behind RF, ¼ Turn R by stepping RF fwd
5 6 Rock LF fwd and recover weight on RF
7&8 Triple in place RLR (optional step would be a full turn triple over L shoulder)

Begin the Dance Again!! Have Fun!!

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