

Sleep Like a Baby

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sheila Kenny (USA) - March 2025
音樂: I Never Lie - Zach Top



Intro. 10 counts Start on the word "TIME" 2 Tags 2 Restarts

Sec. 1 Right Reverse Rhumba Box w/Shuffles

1,2 Step RF to Right side, Step LF next to RF
3&4 Step back on RF, Slide LF next to RF, Slide RF back
5,6 Step LF to Left side, Step RF next to LF
7&8 Step LF forward, Slide RF next to LF, Slide LF forward

Sec. 2 Cross Rock/Recover, Sweep R,L, Back Right Coaster, ¼ Right Pivot Turn

1,2 Cross Rock RF over LF, Recover weight on LF
3,4 Sweep RF from front to back recover weight on RF, Sweep LF from front to back weight on LF
5&6 Step back on RF, Step LF next to RF, Step RF forward
7,8 Pivot ¼ Turn Right stepping LF forward, Recover weight on RF (3:00)

Tag After Step 6 (Coaster) Then Restart Walls 6 (3:00) & 10 (12:00)

Sec. 3 Rock/Recover, Back Left Coaster, ½ Left Pivot Turn, Forward Right Shuffle

1,2 Rock forward on LF, Recover weight back on RF
3&4 Step back on LF, Step RF next to LF, Step forward on LF
5,6 Pivot ½ Turn Left stepping forward on RF, Recover weight on LF (9:00)
7&8 Step RF forward, Slide LF next to RF, Slide RF forward

Sec. 4 ½ Right Pivot Turn, Forward Left Shuffle, Right Jazz Box/Cross

1,2 Pivot ½ Turn Right stepping forward on LF, Recover weight on RF (3:00)
3&4 Step LF forward, Slide RF next to LF, Slide LF forward
5-8 Cross RF over LF, Step back on LF, Step RF to Right side, Cross LF over RF

Tag: Forward Left Shuffle

1&2 Step LF forward, Slide RF next to LF, Slide LF forward

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