

Yihaa

拍數: 96 牆數: 4 級數: Phrased Intermediate
編舞者: Claudia Arndt (DE) - March 2025
音樂: Yihaa - Dolly Style



Sequenz: A, Tag 1, BC; Tag 2, A, Tag 1, BC; B*, Tag 3, BC, Ending

Note: The dance begins after 8 beats with the use of singing

Part A: 32c

A1: Walk 2, shuffle forward, heel & touch & heel & touch

- 1-2 2 steps forward (r - l)
- 3&4 Step forward with the right - put the left foot to the right and step forward with the right foot
- 5& Tap the front of the left heel and place the left foot close to the right
- 6& Right foot next to the left tap and right foot to the left
- 7&8 Tap the left heel at the front - put the left foot close to the right and tap the right foot next to the left

A2: ½ walk around turn l, shuffle forward, side/sways, touch

- 1-2 2 steps forward on a 1/2 circle to the left (r - l) (6 o'clock)
- 3&4 Step forward with the right - put the left foot to the right and step forward with the right foot
- 5-8 Small step to the left with left/hips to the left, right and left again - right foot next to left tap

A3 + A4: Repeat A1 + A2

- 1-16 A1 and A2 repeat (12 o'clock)

Tag 1 (starts the 1st time towards 12 o'clock)

T1-1: Side, hold & side touch, rolling vine l

- 1-2 Step Right with Right - Hold
- &3-4 Sit left foot to right and step right with right - tap left foot next to right foot
- 5-8 Take 3 steps in the direction of the left, making a full turn to the left (l - r - l) - Right foot next to left tap

T1-2: Rocking chair, ¾ paddle turn l, flick

- 1-2 step forward with right foot - weight back on left foot
- 3-4 Step Back with Right - Weight Back on Left Foot
- 5-8 Tap 3x a 1/4 turn to the left and tap the tip of your right foot to the right - Shoot your right foot backwards (3 o'clock)

Part B (starts the 1st time towards 3 o'clock) 32c

B1: (Polka) shuffle forward r + l, cross-side-heel & cross-side-heel & [Vaudevilles]

- 1&2 Step diagonally to the right in front with the right - put the left foot close to the right and step diagonally to the right in front with the right
- 3&4 Step diagonally to the left in front with the left - put the right foot to the left and step diagonally to the left in front with the left
- 5& Right foot over left cross and small step left with left
- 6& Tap the right heel diagonally to the right front and place your right foot against the left
- 7& Cross your left foot over your right foot and take a small step to the right with your right
- 8& Tap the left heel diagonally to the front left and place the left foot against the right

B2: Kick, kick side, coaster step, rock forward, shuffle back turning ½ l

- 1-2 Kick Right Foot Forward - Kick Right Foot Forward

- 3&4 Step backwards with the right - put the left foot close to the right and take a small step forward with the right
- 5-6 Step forward with left foot - weight back to right foot
- 7&8 1/4 turn left and step left with left - right foot to left, 1/4 turn left and step forward with left (9 o'clock)

(Restart for B*: Break off here and continue dancing with Tag 3 – 12 o'clock)

B3 + B4: Repeat B1 + B2

- 1-16 Repeat B1 and B2 (3 o'clock.)

Part C (starts the 1st time towards 3 o'clock) 32c

C1: Point, hold & point, hold, step & step & step, touch

- 1-2 Tap the tip of your right foot on the right - hold
- &3-4 Sit right foot close to left and tap left toe on the left - Hold
- 5&6 Step forward with the left - put your right foot close to your left and step forward with your left foot
- &7-8 Sit right foot to left and step forward with left - tap right foot next to left foot

(Note: '5-8' are easy hops)

C2: Rocking chair, step, pivot ¼ | 2x

- 1-2 step forward with right foot - weight back on left foot
- 3-4 Step backwards with the right foot - weight back to the left foot
- 5-6 Step forward with right - 1/4 turn left on both balls, weight at the end left (12 o'clock)
- 7-8 Like 5-6 (9 o'clock)

C3 + C4: Repeat C1 + C2

- 1-16 C1 and repeat C2 (3 o'clock)

Tag 2 (starts towards 3 o'clock)

T2-1: Step, hold, pivot ½ |, hold 2x

- 1-2 Step Forward with Right - Hold
- 3-4 1/2 turn left on both balls, weight at the end left - hold (9 o'clock)
- 5-8 Same as 1-4 (3 o'clock)

Tag 3 (starts towards 12 o'clock)

T3-1: Side, hold & side, touch, rolling vine |

- 1-2 Step Right with Right - Hold
- &3-4 Sit left foot to right and step right with right - tap left foot next to right foot
- 5-8 Take 3 steps in the direction of the left, making a full turn to the left (l - r - l) - Right foot next to left tap

T3-2: Side, hold & side, touch, vine | turning ¼ |

- 1-2 Step Right with Right - Hold
- &3-4 Sit left foot to right and step right with right - tap left foot next to right foot
- 5-6 Step Left with Left - Cross Right Foot Behind Left
- 7-8 1/4 turn left and step forward with left - tap right foot next to left (9 o'clock)

T3-3 + T4: Repeat T3-1 + T3-2

Repeat 1-16, T3-1 and T3-2 (6 o'clock)

T3-5: Step, pivot ½ |, ½ turn |, flick

- 1-2 step forward with right - 1/2 turn left on both balls, weight at the end left (12 o'clock)
- 3-4 step forward with the right - 1/2 turn to the left, jump to the left foot/snap right foot backwards (6 o'clock)

Ending (starts towards 6 o'clock)

E: Rock forward, close, ½ turn l/hitch

1-2 step forward with right foot - weight back on left foot

3-4 Sit right foot to left - 1/2 turn left and jump onto the left foot, lifting the right knee (12 o'clock)
)Slowly lower your right knee until the music dies out

Step description created by Get In Line

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