

Girl Please

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Beginner
編舞者: Tina Jackson (USA) - March 2025
音樂: Girl Please - Blu Cantrell & Troy Cash



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

TAP UP BACK, CHAS

1 2 3&4 Tap right up, out, RLR cha cha cha

5 6 7&8 Tap left up, out, LRL cha cha cha

REPEAT STEPS 1-8

FOUR KICK BALL CHANGES

1&2 3&4 Kick right foot, step on ball of right foot, step on left; repeat

5&6 7&8 REPEAT ABOVE STEPS 1-4

OUT INS BACKWARD

1 2 3 4 Step right foot out side, in, left out and back a bit, in

5 6 7 8 Repeat steps 1-4 above ending with quarter left turn for 7 8 face 3:00

OUT INS QUARTER TURNING LEFT

1 2 3 4 Step right foot out side, in, quarter left turn doing left out, in for 3 4 face 6:00

5 6 7 8 Step right foot out side, in, quarter left turn doing left out, in for 3 4 face 9:00

OUT IN QUARTER TURN LEFT, OUT INS

1 2 3 4 Step right foot out side, in, quarter left turn doing left out, in for 3 4 face front

5 6 7 8 Step right foot out side, in, left out and back a bit, in

TAG: 4 COUNT SKATE TAG

1 2 3 4 Skate left, right, left, right

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