

Sooo... Good!

拍數: 48 牆數: 2 級數: Improver
編舞者: Robin Sin (SG) - March 2025
音樂: I Got You (I Feel Good) - James Brown



Start dance on the lyric 'Good' or 2 counts after the 'Wow'

Special thanks to Melisa for naming the dance;)48

DIAGONAL STEP, SWIVEL HEELS IN, KNEE POPS

1-4 Step R diagonally right, swivel L heel in, toe in, heel in towards R heel (weight on L)
5-8 Elvis Knee: Pop R knee towards L Knee, R in place pop L knee towards R knee, L in place
pop R knee towards L knee, R in place pop L knee towards R knee

DIAGONAL STEP, SWIVEL HEELS IN, KNEE POPS

1-4 Step L diagonally right, swivel R heel in, toe in, heel in towards L heel (weight on R)
5-8 Elvis Knee: Pop L knee towards R Knee, L in place pop R knee towards L knee, R in place
pop L knee towards R knee, L in place pop R knee towards L knee

BACK TOUCH x 4

1-4 Step R back, Touch L toe forward, Step L back, Touch R toe forward
5-8 Step R back, Touch L toe forward, Step L back, Touch R toe forward

VINE R, VINE L ¼ TURN

1-4 Step R to side, Step L behind R, Step R to side, Touch L beside R
5-8 Step L to side, Step R behind L, ¼ turn left step L forward, Touch R beside L

MAMBO STEPS x 2,

1-4 Rock R forward, Recover L, Step R back, Hold
5-8 Rock L back, Recover R, Step L forward, Hold

STEP ¼ TURN CROSS, SIDE MAMBO, CLAP

1-4 Step R forward, pivot ¼ turn left on L, Cross R over L, Hold
5-8 Side rock on L, Recover on R, Close L beside R, CLAP

START AGAIN!

ENDING: AFTER 7 WALL, REPEAT THE LAST 16 counts of the dance x 2
Cont'd with MAMBO STEPS x 2, HOLD 2 count, and do the drum roll to end