

# Zuo Shou Zhi Yue 2025 (左手指月)

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Phrased Easy Intermediate  
編舞者: Penny Tan (MY) - March 2025  
音樂: Zuo Shou Zhi Yue (左手指月) (抖音DJ版) - 萨顶顶 (Sa Ding Ding)



Dance start from vocal "ba shi guang 把时光 ~ "guang"

Tag x3 / No Restart

Tag (4C): 1/2 Turn R Jazz Box

1-4                Cross RF over LF , ¼ turn R , step LF back , ¼ turn R step RF to R side , step LF fwd

\*Each time tag will facing 6:00 , do ½ turn R Jazz Box , facing 12:00

SOD:A(x3) Tag B A(x3) Tag B A(x7) Tag A(x2)

Part A (32C )

SEC1:CROSS, POINT (R-L) , FWD SHUFFLE , FWD , RECOVER

1-2                Cross RF over LF , point L toes out to L side

3-4                Cross LF over RF , point R toes out to R side

5&6                Fwd shuffle R-L-R

7-8                Rock LF fwd , recover on R

SEC2:BEHIND, POINT (L-R) , BACK SHUFFLE , 1/4 TURN R BACK , RECOVER

1-2                Step LF behind RF , point R toes out to R side

3-4                Step RF behind LF ,point L toes out to L side

5&6                Back shuffle L-R-L

7-8                ¼ turn R , Rock RF back , recover on L (3:00)

SEC:FWD , HITCH , COASTER STEP (x2)

1-2                Step RF fwd , hitch L knee

3&4                Step LF back , step RF next to LF , step LF fwd

5-6                Step RF fwd , hitch L knee

7&8                Step LF back , step RF next to LF , step LF fwd

SEC4: BOTA FOGO (R-L) , BACK , BACK , ¼ TURN R SIDE , TOGETHER

1&2                Cross RF over LF , step LF to L side , step RF on R

3&4                Cross LF over RF , step RF to R , step LF on L

5-6                Step RF back , step LF back

7-8                ¼ turn R , step RF to R side , step LF next to RF (6:00)

Part B (16C)

SEC1: FWD WITH HITCH ,SMALL RUN BACK L-R, BACK WITH LIFT R, SMALL RUN FWD R-L ,FWD ,  
CROSS , SIDE , 1/8 turn L BEHIND, RECOVER , FWD

1-2&3              Step RF fwd with hitch L knee , small run LF back (2) , small run RF back (&) , step LF back  
with lift RF fwd

4&                Small run RF fwd (4) , small run LF fwd (&)

5-6&              Step RF fwd with sweep LF from back to front , cross LF over RF , step RF to R side

7-8&              1/8 turn L , Step LF behind RF(7) , recover on R (8) , step LF fwd (&) - (facing 10:30)

SEC2:1/8 PADDLE TURN L , FWD R-L , SLOW PIVOT 1/2 TURN L

1&2&              Step RF fwd , make a small turn L , step LF on L , step RF fwd , make small turn L , step LF  
on L ( paddle turn twice to make a 1/8 turn L) - facing 6:00

3-4                Step RF fwd , step LF fwd

5-8                Step RF fwd ,slowly make a pivot ½ turn L , weight on L on count 8

**Have fun and happy dancing!**

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