Black Lipstyck



拍數: 32 編數: 2 級數: Intermediate

編舞者: Lori Brown (USA) - March 2025

音樂: Sisters - Angie Stone



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

PART 1: 8 COUNTS - WIZARD STEPS, TURNING LEFT TURNING COASTER STEP, TWO WALK

1&2&3&4 Forward right wizard step, left wizard step, stomp right foot on 4

5&6 7 8 Quarter turn left making left coaster step, walk right, left

REPEAT PART 1 ALWAYS THREE MORE TIMES

PART 2: 16 COUNTS - BACKWARD CROSS SIDE BEHINDS/SAILOR STEPS

1&2 Cross right in front of left heading backward, step left to side, recover on right 3&4 Cross left in front of right heading backward, step right to side, recover on left

5&6 7&8 Repeat steps 1-4 above

FORWARD PRISSY WALKS, POINT LEFT, STEP, POINT RIGHT, STEP, Forward Prissy Walks, Point Left, Step, Point Right, Step

1234 Walk RLRL

5 6 7 8 Step on right foot in front, point left to left, step on left, point to right

YOU ALWAYS DANCE PART 2 ONLY ONE TIME

Part 3: 8 COUNTS - BACK STEP/HIP ROLLS, WALK EASY RIGHT HALF TURN, WALK EASY RIGHT QUARTER TURN

1 2 3 4 Step back on right keeping left foot in front rolling hip, step back on left with hip roll

5 6 7 8 Step right foot behind, step on left to complete half right easy turn, repeat RL to end at 9:00

wall

REPEAT PART 3: ALWAYS ONE MORE TIME

ROTATIONS:

DANCE PART 1, PART 2, PART 3 ON EACH ROTATION:

ON 1ST ROTATION START ON FRONT WALL, END PART 3 ON BACK WALL ON 2ND ROTATION START ON BACK WALL, END PART 3 ON FRONT WALL ON 3RD ROTATION START ON FRONT WALL, END PART 3 ON BACK WALL ON 4TH ROTATION START ON BACK WALL, END PART 3 ON FRONT WALL ON 5TH ROTATION START ON FRONT WALL END DANCE AT FRONT WALL

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com