

Be My Friend

拍數: 32 牆數: 4 級數: Improver
編舞者: Gudrun Schneider (DE) & Dirk Leibing (DE) - March 2025
音樂: Walk With Me (Edit) - Felix Jaehn & Shouse



The dance starts after 32 counts

S1: STEP FWD R, KICK L, OUT OUT, STEP FWD L, ROCK FWD R, CHASSE WITH ¼ TURN R

1-2 RF step forward, LF Kick forward
&3-4 LF step diagonally forward, RF step right, LF step forward
5-6 RF rock forward, recover on LF
7&8 ¼ turn right, RF step right, LF step beside RF, RF step right (3:00)

Optional: Take the hands of your neighbour(s) until count 12

S2: CROSS, SIDE STEP R, CROSS BEHIND, SIDE STEP R, CROSS, SWEEP R, CROSSING SHUFFLE

1-2 LF cross over RF, RF step right
3-4 LF cross behind RF, RF step right
5-6 LF cross over RF, RF make a half circle in front of LF
7&8 RF cross over LF, LF step left, RF cross over LF

S3: SIDE STEP L, DRAG R, STEP BEHIND L, SIDE STEP L, CROSSING SHUFFLE, ROCK L

1-2 LF step left, RF drag next to LF
3-4 RF step behind LF, LF step left
5&6 RF cross over LF, LF step left, RF cross over LF
7-8 LF rock left, recover on RF

S4: SAILOR STEP ½ TURNING, ROCK FWD R, CROSS UNWIND R, STEP FWD L, ½ TURN R WITH HOOK

1&2 ½ turn left, LF step left, RF step right, LF step forward (9:00)
3-4 RF step forward, recover on LF
5-6 RF step behind LF, ½ turn right (3:00)
7-8 LF step forward, ½ turn right with hook RF (9:00)

Have Fun!

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