

Slow Dancer EZ

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Karianne Heimvik (NOR) - March 2025
音樂: Slow Dancer - Alexzandra Wickman



Restart: 2, see comments

(1-8) walk, walk, mambo step, back, back, coasterstep

1,2,3&4 step RF fwd, step LF fwd, rock RF fwd, recover weight onto LF, step RF back
5,6,7&8 step LF back, step RF back, step LF back, step RF next to LF, cross LF over RF

(9-16) step, point, step, point, jazzbox ¼ turn

1,2,3,4 step RF fwd, point LF to left side, step LF fwd, point RF to right side
5,6,7,8 cross RF over LF, make ¼ turn to right stepping LF back, step RF to right side, cross LF over RF

(17-24) side chasse, rock step, side chasse, rock step

1&2,3,4 step RF to right side, step LF next to RF, step RF to right side, rock LF behind RF, recover weight onto RF
5&6,7,8 step LF to left side, step RF next to LF, step LF to left side, rock RF behind LF, recover weight onto LF

(25-32) shuffle fwd, pivot ½ turn, shuffle fwd pivot ½ turn

1&2,3,4 step RF fwd, step LF next to RF, step RF fwd, step LF fwd, make ½ turn to right stepping RF fwd
5&6,7,8 step LF fwd, step RF next to LF, step LF fwd, step RF fwd, make ½ turn to left stepping LF fwd

Start the dance again. Enjoy and remember to smile and have fun!!

Restart:

R1: on wall 3, facing 9, restart after 16 counts

R2: on wall 9, facing 12, restart after 8 counts