

# Slow Dancer

拍數: 32      牆數: 4      級數: Improver  
編舞者: Karianne Hemvik (NOR) - March 2025  
音樂: Slow Dancer - Alexzandra Wickman



Restart: 2, see comments

**(1-8) walk, walk, mambo step, back, back coaster cross**

1,2,3&4      step RF fwd, step LF fwd, rock RF fwd, recover weight onto LF, step RF back  
5,6,7&8      step LF back, step RF back, step LF back, step RF next to LF, cross LF over RF

**(9-16) ¾ box turn, rock step, side chasse**

1,2,3,4      step RF to right, make ¼ turn to left stepping LF to left, make ¼ turn to left stepping RF fwd,  
make ¼ to left stepping LF back (tip: keep your legs straight)  
5,6,7&8      rock RF over LF, recover weight onto LF, step RF to right, step LF next to RF, step RF to  
right

**(17-24) rock step, side chasse, weave, cross shuffle**

1,2,3&4      rock LF over RF, recover weight onto RF, step LF to left, step RF next to LF, step LF to left  
5&6&7&8      cross RF over LF, step LF to left, step RF behind LF, step LF to left, cross RF over LF, step  
LF to left, cross RF over LF

**(25-32) side, touch, side, behind, side, cross, mambo cross, mambo ½ turn**

1&2,3&4      step LF to left, touch RF next to LF, step RF to right, step LF behind RF, step RF to right,  
cross LF over RF  
5&6,7&8      rock RF to right, recover weight onto LF, cross RF over LF, rock LF to left, make ¼ turn to  
right recovering weight onto RF, make ¼ turn to right stepping LF to left

Start the dance again. Enjoy and remember to smile and have fun!!

**Restarts:**

**R1, with stepchange:**

on wall 3, facing 9 restart after 16 counts adding an & count by stepping LF next to RF

R2 : on 9 wall, facing 6 , restart after 8 counts (after the coasterstep)