Single Again

拍數: 32

級數: Beginner

編舞者: Mel Llewellin (UK) - February 2025

音樂: Single Again - Josh Ross

Start Quick After 5 Counts when beat starts Or Wait And Start On Words When (Your Single Again) 2 Walls After First Start .Tag 2nd Wall Or 4th.

S1 (1-8) ROCK FORWARD RIGHT, RECOVER LEFT .BACK RIGHT SHUFFLE .ROCK BACK LEFT, RECOVER ON RIGHT FORWARD LEFT SHUFFLE.

- 1-2 Rock forward on right foot , Recover back on left foot.
- 3&4 Step right foot back ,Step left foot back to right, Step right foot back.
- 5-6 Rock back on left foot, Recover back on right foot.
- 7&8 Step left foot forward, Step right foot next to left, Step left foot forward.

S2 (1-8) ROCK RIGHT SIDE, RECOVER LEFT, CROSS SHUFFLE, ROCK LEFT SIDE, RECOVER RIGHT, CROSS SHUFFLE.

- 1-2 Rock right foot to right side, Recover back on to left foot.
- 3&4 Step right foot over left, Step left foot to left side, Step right foot over left.
- 5-6 Rock left foot to left side, Recover back on to right foot.
- 7&8 Step left foot over right, Step right foot to right side, step left foot over right.

S3 (1-8) GRAPEVINE RIGHT, GRAPEVINE LEFT ¼ TURN LEFT.

- 1-2 Step right to right side, step left behind right.
- 3-4 Step right to right side, Touch left next to right.
- 5-6 Step left to left side, Step right behind left.
- 7-8 step left to left side turning 1/4 left. Touch right next to left.

S4 (1-8) RIGHT ROCKING CHAIR, STEP ½ TURN LEFT , WALK WALK .

- 1-2 Rock forward on right, Step back on left.
- 3-4 Rock back on right, step forward on right.
- 5-6 Step forward on right, turn 1/2 left stepping back on left.
- 7-8 Step forward on right, step forward on right.

TAG [1-8] K SHAPE

- 1-2 step forward right ,touch left next to right.
- 3-4 step left back, touch right next to left.
- 5-6 Step back right, touch left next to right.
- 7-8 Step forward left, touch right next to left.

The end hope you enjoy my dance

contact mel llewellin Hollyman6@aol.com 07974489539

Last Update: 4 Mar 2025





牆數:4