

Bless Their Heart

拍數: 64 牆數: 4 級數: Beginner +
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音樂: Crystal Methodist - Kasey Tyndall



Intro: 32

S1: HANDBAGS, RUMBA BACK

1,2,3,4 R step to R side, L tap next to R, L step to L side, R tap next to L
5,6,7,8 R step to R side, L step next to R, R step back, hold

S2: HANDBAGS, VINE 1/4 L, SCUFF

1,2,3,4 L step to L side, R tap next to L, R step to R side, L tap next to L
5,6,7,8 L step to L side, R step behind L, L step fwd 1/4 L, R scuff (9:00)

S3: STEP LOCK STEP, MAMBO, DRAG

1,2,3,4 R step fwd, L step behind R, R step fwd, hold
5,6,7 L step fwd weight on L, recover weight on R, L step back 8 R drag towards L

S4: COASTER, SUGARFOOT

1,2,3,4 R step back, L step next to R, R step fwd, hold
5,6,7,8 L toe tap next to R turning knee in, L heel tap next to R turning knee out, L stomp slightly fwd, hold

S5: STOMP, STOMP, MONTEREY 1/4, STOMP STOMP

1,2 R stomp in place, L stomp in place
3,4,5,6 R point to R side, R step next to L turning 1/4 R, L point to L side, L step next to R (12:00)
7,8 R stomp in place, L stomp in place

S6: HEEL FWD, HOLD, TOE BACK, HOLD, PIVOT 1/2, PIVOT 1/2

1,2 R heel tap fwd, hold
3,4 R toe tap back, hold
5,6 R step fwd weight on R, turn 1/2 L weight on L (6:00)
7,8 R step fwd weight on R, turn 1/2 L weight on L (12:00)

non-turning option: Change counts 5-8 to R rocking chair

S7: HALF K-STEP FWD, SHUFFLE DIAG BACK

1,2,3,4 R step diagonally fwd, L tap next to R, L step diagonally back, R tap next to L
5,6,7,8 R step diagonally back, L step next to R, R step diagonally back, hold

S8: HALF K-STEP BACK, SCUFF 1/4, L VINE, TAP

1,2,3,4 L step diagonally back, R tap next to L, R step diagonally fwd, L scuff 1/4 R (3:00)
5,6,7,8 L step to L side, R step behind L, L step to L side, R tap next to L

Restart: Wall 3 after count 16, facing 3:00

Tag: End of Wall 6, facing 12:00. Add; STOMP, HOLD, STOMP, HOLD, HIP BUMPS

1,2,3,4 R stomp to R side, hold, L stomp to L side, hold
5,6,7,8 Bumps hips R, L, R, L