Easy Earthquake

拍數: 64

級數: Phrased High Beginner

編舞者: Winda Dendi (INA) - March 2025

音樂: earthquake - JISOO

Intro 32 count

Sequence AA(24counts)TagAB, AA(24counts)TagAB, ATag2AB

PART A

A1. TOE STRUT, BUMPS TO R TWICE, BUMPS TO L TWICE

- 1-4 Touch RF fwd, Step RF in place, Touch LF fwd, Step LF in place
- 5-6 Hip Bump to R, Hip Bump to R (with Hand Gesture- wave Both arms up high)
- 7-8 Hip Bump to L, Hip Bump to L (with Hand Gesturewave Both arms up high)

A2. SWAY WITH HAND GESTURE R, L, R, L, BACK SHUFFLE R, L

- 1-4 Weight Changes Sway to R, L, R, L (with Hand Gesture move both hands from top down)
- 5&6 Step RF back, Slightly cross LF in front of RF, Step RF back
- 7&8 Step LF back, Slightly cross RF in front of LF, Step LF back

A3. BOTAFOGO (Optional Step :Cross Touch) R, L , JAZZ BOX 1/4 TURN R

- 1&2 Cross RF in front of LF, Ball LF to side, Step RF in place
- 3&4 Cross LF in front of RF, Ball RF to side, Step LF in place
- 5-8 Cross RF in front of LF, Step LF back 1/4 turn L , Step RF to side, Step LF fwd (facing 3 o'clock)

A4. ROCK RF FWD, RECOVER, R BACK SHUFFLE, BACK ROCK LF, RECOVER ON RF, 1/4 TURN R SIDE SHUFFLE

- 1-2 Rock RF fwd, Recover on LF
- 3&4 Step RF back, Cross LF in front of RF, Step RF back
- 5-6 Rock LF back, Recover on RF
- 7&8 Step LF to side 1/4 turn R , Step RF beside LF, Step LF to side (facing 6 o'clock)

PART B

B1. STEP IN PLACE WITH HAND GESTURE MIDDLE BODY R L , LOWER BODY R L (TWICE)

- 1-2 Move Both arms to upper R side (shoulder heights) , Move Both arms to upper L side (shoulder heights)
- 3-4 Move Both arms to lower R side (Hip heights),Move Both arms to lower L side (Hip heights)
- 5-6 repeat steps 1-2
- 7-8 repeat steps 3-4

B2. ROLL BOTH HANDS TO R, WEIGHT ON RF, ROLL BOTH HANDS TO L, WEIGHT ON LF, RAISE R HAND STRAIGHT UP AND HOLD THERE, L HAND STRAIGHT UP, PUT BOTH HANDS BESIDE YOUR MID BODY

- 1-2 Make a circle with Both arms from lower R Step RF slightly to side, to upper R Touch LF beside RF
- 3-4 Make a circle with Both arms from lower L step LF slightly to side, to upper L touch RF beside LF
- 5-6 Raise R arms up high (hold) Step RF in place, Raise L arms up high Step LF in place
- 7-8 Move Both arms R (twice, index finger pointing Chin Level heights) Step RF, LF in place

B3. STEP IN PLACE R, L, R, L, HAND GESTURE

- 1-3 Step in Place R, L, R, with R arms pointing down (take your body down)
- 4 Step LF in place Bend your R arms up with your body followed





牆數:2

5-7 repeat Step 1-3

8 repeat step 4

B4. FISTING FRONT, UP HIGH, HIP BUMPS

1-2 Step RF in place R arms fist fwd hold, Step LF in place L arms fist fwd

- 3-4 Touch RF fwd Raise Both fist arms up high, Fold Both arms against your cest
- 5-6 Pound R elbow down, Hold
- 7-8 Pound R elbow down twice

TAG

3/4 CIRCULAR WALK TO R (FACING 6 O'CLOCK) 1-2 Step RF fwd 1/4 turn R, Hold 3-4 Step LF fwd, Hold 5-6 Step RF fwd 1/4 turn R, Hold 7-8 Step LF fwd 1/4 turn R, Hold

TAG 2

TOUCH RF FORWARD, CLICK FINGERS 1-2 Touch RF fwd click your fingers both arms up , Hold 3-4 Click your fingers both arms in middle side position, Hold 5-8 Click your fingers both arms down, Hold 3 counts

enjoy the dance! Line Dance yuk..

contact : windadendi@gmail.com

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