

# Shape of You

拍數: 64      牆數: 2      級數: High Improver  
編舞者: HyunSook Lee (KOR) - February 2025  
音樂: Shape of You - Ed Sheeran



Intro : 16 count from beginning of track

\*1 restart : After 32 counts, on wall 5 , facing 6:00

**Sec1 : Cross Mambo (R,L) , Cross , Side , 1/8 Turn R Back , Hitch , Behind , 1/8 Turn R Behind , Forward**

1&2            Cross Rock RF over LF (1), Recover LF on LF (&) Step RF To side (2)  
3&4            Cross Rock LF over RF (3) , Recover RF on RF (&) Step LF to side (4)  
5&6&         Cross RF over LF (5) , Step LF to Side (&) , Turn to Right 1/8 Step RF Back (6) 1:30. Step LF Behind RF

**Sec2 : Walk , Walk , Forward Lock Step , Fwd Rock , Recover , Turn to left ¼ , Step LF to Side , Cross Shuffle**

1-2            Step RF Forward (1) , Step LF Forward (2)  
3&4            Step RF Forward (3) , Rock LF Behind RF (&) , Step RF Forward (4)  
5&6            Rock LF Forward (5) , Recover on RF (&) , Step LF next to RF  
7&8            Cross RF over LF (7) , Step LF to Side (&) , Cross RF over LF (8)

**Sec3 : Side Mambo (L , R) , Forward Mambo , Coaster**

1&2            Rock LF To the L Side (1) , Recover on RF (&) , Step LF next to RF (2)  
3&4            Rock RF To the R Side (3) , Recover on LF (&) , Step RF next to LF (4)  
5&6            Rock LF Forward (5) , Recover on RF (&) , Step LF next to RF (6)  
7&8            Step RF Back (7) , Step LF next to RF (&) , Step RF Forward (8)

**Sec4 : Fwd Rock , Recover , Back , Toe Touch , Back , Toe Forward , Together**

1-2&         Rock LF Forward (1) , Recover on RF (2), Step LF Back (&)  
3&4&         Toe Touch RF Fwd (3) , Step RF Back (&) , Toe Touch LF Fwd (4) , Step LF next to RF (&)  
5-6            Step RF Forward (5) , Turn to left 1/2 pivot (6)  
7-8            Step RF Forward (7) , Turn to left 1/2 pivot (8)

**Sec5 : Voudeville (L,R) , Travelling Voltas R**

1&2&         Cross RF over LF (1) , Step LF to Side (&) , dig RF heel diagonally to R Side (2) Step RF next to LF (&)  
3&4&         Cross LF over RF (3) , Step RF to R Side (&) , dig RF heel diagonally to L Side(4) Step LF next to RF (&)  
5-6            Cross RF over LF (5) , Step LF to Ball Side (6)  
7&8            Cross RF over LF (7) , Step RF to Ball Side (&) , Cross RF over LF(8)

**Sec6 : Stationary Samba (R,L) , Travelling Voltas L**

1a2            Step LF next to RF (1) , Rock RF Back (a) , Recover on LF (2)  
3a4            Step RF next to LF (3) , Rock LF Back (a) , Recover on RF (4)  
5-6            Cross LF over RF (5) , Step RF to Ball Side (6)  
7&8            Cross LF over RF (7) , Step RF to Ball Side (&) , Cross LF over RF (8)

**Sec7 : Side Rock , Recover , Behind , Side , Cross Side Rock , Recover , Turn 1/4 Left Sailor**

1-2            Rock RF to R Side (1) , Recover LF on LF (2)  
3&4            Cross Behind RF (3) , Step LF to Side (&) , Cross RF over LF (4)  
5-6            Rock LF to L Side (5) , Recover RF on RF (6)  
7&8            Cross LF Behind RF (7) , Turn 1/4 L Stepping R next to LF (&) , Step LF Forward (8)

**Sec8 : Rocking Chair with heel x 2 , Walk , Turn to the left 1/2 Pivot x2**

- 1&2& Rock forward RF with your heel, with 1/8 turn to the R, Recover on LF, RF rock Back ,  
Recover on LF (4:30)
- 3&4& Rock forward RF with your heel, with 1/8 turn to the R, Recover on LF, RF rock Back ,  
Recover on LF (6:00)
- 5-6 Step Forward RF (5) , Pivot 1/2 Turn L Step weight on to LF (6)
- 7-8 Step Forward RF (7), Pivot 1/2 Turn L Step weight on to LF (8)

**\* : Step Changes During wall 2, wall 4 , After 32 count facing 12:00**

**(Sec1) : Hip Rolls , Hitch , L Samba whisk , Turn L 1/4 R Samba whisk**

- 1-2-3 Stepping LF Side To L Side Rolling Hips 3 Times (Anti Clockwise)
- 4 Hitch LF Right Diagonal (Right Arm Point Left Diagonal)
- 5a6 Step LF to L Side(5) , Rock Ball Behind RF(a), Recover(6)
- 7a8 Turn 1/4 left Step RF to R Side(7) ,Rock Ball Behind LF(a), Recover(8)

**(Sec2), (Sec3) : Be the same as the section 1**

**(Sec4): Forward , Side , Back with Sweep , Behind , Side , Forward , Turn 1/4 Side, Back with Sweep ,  
Behind, Side Touch**

- 1&2 Step LF Forward (1) , Step RF to R Side (&), Step LF Back With RF Sweep(2)
- 3&4 Step behind RF (3) , Step LF To L Side, Step RF Forward (4)
- 5&6 Step LF Forward (5) , Turn L 1/4 RF To R Side (& ) , Step LF Back With RF Sweep(6)
- 7&8 Step behind RF (7) , Step LF To L Side (& ) , Touch RF next to LF (8)
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