

Captain of the Shadow

COPPERKNOB
STEPSHEETS

拍數: 56
編舞者: Stephen Wike (USA) - March 2025
音樂: Tale of the Shadow - Sail North

級數: Phrased High Intermediate



Intro: 36 counts

Phrasing: A* B** AA* B** A B** PHRASED-TAG B***

*: Do the last 8 counts of A again.

Part A (32 counts)

[1 - 8] Left Fwd, Side, Heel Dig (x2), Vaudeville Touch (x2)

- 1 - 2 (1) Step forward on L (2) Step R to right side
3 - 4 (3) Touch L heel to left side (4) Touch L heel to left side
&5 (&) Step L next to R (5) Cross R over L
&6 (&) Step L next to R (6) Touch R toe to right side
&7 (&) Step R next to L (7) Turn $\frac{1}{8}$ left. Cross L over R 10:30
&8 (&) Step R next to L (8) Touch L toe to left side
& (&) Step L next to R

[9 - 16] $\frac{1}{2}$ Jazz Box, $\frac{1}{4}$ Out Out, $\frac{1}{4}$ In In, $\frac{1}{4}$ Out Out, $\frac{1}{4}$ In In

- 1-2 (1) Cross R over L (2) Turn $\frac{1}{4}$ right Step L back 1:30
3 - 4 (3) Turn $\frac{1}{4}$ right. Step R next to L 4:30 (4) Step L forward
&5 (&) Turn $\frac{1}{4}$ left. Step R out to the right (5) Step L out to the left 1:30
&6 (&) Turn $\frac{1}{4}$ right. Step R to the center (6) Step L next to R 4:30
&7 (&) Turn $\frac{1}{4}$ right. Step R out to the right (7) Step L out to the left 7:30
&8 (&) Turn $\frac{1}{4}$ left. Step R to the center (8) Step L next to R 4:30

[17 - 24] Stomp, $\frac{3}{8}$ Jazz Triangle, $\frac{1}{4}$ Step Touch (x4), Step

- 1 - 2 (1) Stomp R forward (2) Turn $\frac{1}{8}$ left. Cross L over R 3:00
3 - 4 (3) Turn $\frac{1}{4}$ left. Step R back 12:00 (4) Step L to left side

Styling: (counts 1-4) Grab a drumstick with each hand and bang an imaginary snare drum with each step. R drums with R step, L drums with L step.

- &5 (&) Turn $\frac{1}{4}$ left. Step R to the right 9:00 (5) Touch L next to R
&6 (&) Turn $\frac{1}{4}$ left. Step L to the left 6:00 (6) Touch R next to L
&7 (&) Turn $\frac{1}{4}$ left. Step R to the right 3:00 (7) Touch L next to R
&8 (&) Turn $\frac{1}{4}$ left. Step L to the left 12:00 (8) Touch R next to L
& (&) Step R forward

[25 - 32] Scuff Step-Lock-Step (x2), Kick Ball Rock-Recover, $\frac{1}{2}$ Step

Repeat this section for each * in the phrasing.

- 1& (1) Scuff L heel forward (&) Step L forward to the diagonal
2& (2) Lock R behind L (&) Step L forward
3& (3) Scuff R heel forward (&) Step R forward to the diagonal
4& (4) Lock L behind R (&) Step R forward
5& (5) Kick L forward (&) Step L next to R
6 - 7 (6) Rock R forward (7) Recover onto L
8 (8) Turn $\frac{1}{2}$ right. Step R forward 6:00

Part B (24 counts)

[1 - 8] $\frac{1}{4}$ Lean Rock-Recover, Step Touch, $\frac{1}{2}$ About-Face, $\frac{1}{4}$ Press

- 1 - 2 (1) Rock L to the left (2) slowly bending left knee while turning body $\frac{1}{4}$ left 9:00
3 (3) Recover to R while straightening L

- &4 (&) Step L slightly forward (4) Touch R next to L
Styling: On count 1, bring flat left hand to above the eyes as though searching. On count 4, drop the left hand.
 5 - 6 (5) Touch R back (6) Hold
 &7 (&) Turn ½ right. Step R forward 3:00 (7) Step L next to R
 8& (8) Press R toes to the right (&) Push turn ¼ right 12:00

[9 - 16] Shuffle Back, Reverse ½ Pivot Chase, Kick-Ball-Step, Walk, Walk

- 1&2 (1) Step R back (&) Step L next to R (2) Step R back
 3&4 (3) Step L back with dip (&) Turn ½ left. Recover onto R. 6:00 (4) Step L back.
 5&6 (5) Kick R forward (&) Step R next to L (6) Step L forward
 7 - 8 (7) Step R forward (8) Step L forward

[17 - 24] Rock-Recover Ball Rock-Jump-Hitch, ¼ Pivot Sway, Sway, ¼ Flick

- 1 - 2& (1) Rock R forward (2) Recover on L (&) Step R next to L
 3 - 4 (3) Rock L forward (4) Jump back onto R with L hitch

Styling: On count 4, while jumping back on R, bring forearms above head with hands as fists. Optionally, you may holler "Heave-Ho".

- 5 (5) Step L forward. Turn ¼ right 3:00
 6 - 7 (6) Sway hips right (7) Sway hips left

Styling: On count 6, Extend R arm up as if grabbing a rope toward 6:00 and bring L hand to the inside R elbow. Between count 6 and 7, draw an arc with both hands ending with the L arm up as if grabbing a rope toward 12:00, and R hand to the inside of the L elbow.

- 8 (8) Turn ¼ right. Slight L flick behind 6:00

PHRASED-TAG (20 counts)

Tag Sequence: CCC D EEE

Part C (8 counts)

[1 - 8] Walk (x4), Shuffle (x2)

- 1 - 2 (1) Step L forward (2) Step R forward
 3 - 4 (3) Step L forward (4) Step R forward
 5&6 (5) Step L forward (&) Step R next to L (6) Step L forward
 7&8 (7) Step R forward (&) Step L next to L (8) Step R forward

Styling: Imagine a counter-clockwise arc between you and the center of the dance floor. Travel along that arc over 24 counts getting closer to the center with each step. On the last step, turn to face 12:00.

Part D (4 counts)

[1 - 4] Hold for 4 counts

Styling: On count 1, lower body and bow head toward the ground. On count 4, Spring up ready to start part E. Weight on R.

Part E (8 counts)

[1 - 8] Dorothy (x2) Press-Rock-Recover Ball (x2)

- 1 - 2& (1) Step L to the left (2) Step R behind L (&) Step L to the left
 3 - 4& (3) Step R to the right (4) Step L behind R (&) Step R to the right
 5 - 6& (5) Press L forward (6) Recover onto R (&) Step L next to right
 7 - 8& (7) Press R forward (8) Recover onto L (&) Step R next to left

Styling: Move away from center and other dancers as you reform line dance grid position. To achieve this, over the next 24 counts, favor the dorothy steps by taking bigger steps in the direction you need to travel. Push back more on the press rock to go backward.

[Ending] Finish the dance during the 3rd and final last 8 counts of Part A. Alter the last 3 counts as follows.

[6 - 8] Walk, Stomp (x3)

- 6 - 7 (6) Step R forward (7) Stomp back onto L
 & (&) Turn ¼ right. Stomp R to the right side
 8 (8) Turn ¼ right. Stomp onto L with a pose 12:00

Last Update: 2 Mar 2025
