

Mean Girls Committee

拍數: 32 牆數: 4 級數: Improver
編舞者: Lisanne Winters Gray (USA) - March 2025
音樂: I'm Not Pretty - Megan Moroney



#16 Count Intro (first step on word "one")

*Tag #1 on Wall 4 – Stomp R (7), Stomp L (8) & restart

*Tag #2 after Wall 9: Do Tag #1, add 20 Counts & Restart

[1 – 8] R Heel Grind, R Coaster Step, ¼ L Heel Grind, L Coaster Step

1 - 2 R Heel Fwd (1), Grind heel into floor as step onto L (2) 12:00
3 & 4 R Back (3), L Back Together with R (&), Step Forward on R (8) 12:00
5 - 6 L Heel Fwd (5), Grind heel into floor as make ¼ Turn left stepping onto R (6) 9:00
7 & 8 L Back (7), R Back Together with L (&), Step Forward on L (8) 9:00

[9 – 16] R Side Step, Hold, Ball Step, Cross L, Recover R, L Side Step, R Cross Shuffle

1 - 2 Step side onto R (1), Hold (2) 9:00
& 3 - 4 Step L next to R (&), Step R to side (3), Cross L over R (4) 9:00
5 - 6 Recover onto R (5), Step L to side (6) 9:00
7 & 8 Cross R over L (7), Step L to side (&), Cross R over L (8) 9:00

[17 – 24] L Side Rock, Recover, L Behind, R Side, L Forward, R Forward, Pivot ½, R Step, Lock, Step

1 - 2 Rock L to left side (1), Recover onto R (2) 9:00
3 & 4 Step L behind R (3) step R to side (&), Step L forward (4) 9:00
5 - 6 Step R forward (5), ½ left pivot stepping onto L (6) 3:00
*Tag #1 on Wall 4 – Stomp R (7), Stomp L (8)
7 & 8 Step R forward (7), step L behind R (&), step R forward (8) 3:00

[25 – 32] L Rock Fwd, Recover, Walk Back L & R, L Coaster Step, Sway R & L

1 - 2 Rock L forward (1), Recover back onto R (2) 3:00
3 - 4 Step Back on L (3), Step back on R (4) 3:00
5 & 6 L Back (5), R Back Together with L (&), Step Forward on L (6) 3:00
7 - 8 Step R to side swaying right (7), Sway to left (weight to the left) (8) 3:00

*Tag #1 on Wall 4 – Change Counts 23 & 24 to Stomp R (7), Stomp L (8) and restart
(wall will start facing 9:00; will be facing 12:00 for tag)

*Tag #2: After Wall 9 (wall will start facing 9:00; will be facing 12:00 for tag)

Start with Tag #1 – Change Counts 23 & 24 to Stomp R (7), Stomp L (8)

[1 – 8] Cross Step with Hold (x2) R & L

1 - 4 Cross R over L (1), Hold (2, 3, 4) 12:00
5 - 8 Cross L over R (5), Hold (6, 7, 8) 12:00

[9 – 16] R Step To Right, L Behind, ¼ Shuffle R, L Forward, ½ Turn, L Shuffle Fwd

1 - 2 Step R side (1), Step L behind R (2) 12:00
3 & 4 ¼ to right as Step R forward (3), Step L forward (&), Step R Forward (4) 3:00
5 - 6 Step L forward (5), ½ pivot turn right as step onto R (6) 9:00
7 & 8 Step L forward (7), Step R forward (&), Step L Forward (8) 9:00

[17 – 20] R Rock Fwd, Recover, Sway R & L

1 - 2 R Forward Rock (1), Recover L (2) 9:00
3 - 4 Step R to side swaying right (3), Sway to left (weight to the left) (4) 9:00

