# Good Things in Life

拍數: 56

級數: Phrased Easy Improver

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音樂: Good Things in Life - Adam Brand

Start of the Dance at 32 counts at intro to Lyrics: « We Were Barely Seventeen » Sequence: A :4 x 32 /B :2 x 24 Instrumental Part /Restart /A: 2 x 32 / A :1 x 24- Final face at 12h Hold on LF

Part A: 32c

#### [1to8] : SIDE TOUCH-SIDE TOUCH-SIDE TOGETHER FORWARD-TOUCH-SIDE TOUCH-SIDE TOUCH-SIDE TOGETHER BACK-TOUCH

- 1&2& RF to R- Touch LF next to RF - LF to L- Touch RF next to LF
- RF to the R Gather LF next to RF RF fwd Touch LF next to RF 3&4
- LF to L- Touch RF next to LF RF to RF- Touch LF next to RF 5&6&
- 7&8& LF to L – Gather RF next to LF - LF back-Touch RF next to LF

## [9to16]: SYNCOPATED WEAVE R - RECOVER-CROSS- SYNCOPATED WEAVE L - RECOVER-CROSS

- RF to R (1) -Cross LF behind RF (&) -RF to R (2) -Cross LF front of RF (&) 1&2&
- 3&4 RF to R (3), Return on LF (&), Cross RF front of LF
- LF to L (1) -Cross RF behind LF (&) -LF to L (2) -Cross RF front of LF (&) 5&6&
- 7&8 LF to L (3), Return on LF (&), Cross LF front of RF

# [17to24]: SIDE ROCK-CROSS TRIPLE LATERAL-SIDE ROCK-CROSS -SAILOR STEP SAILOR 1/4 TURN

- 1 2 Rock Step RF to R - Return on LF
- 3&4 Cross RF front of LF- LF to L - Cross RF front of LF
- 5-6 Rock Step LF to L - Return on RF
- Cross LF behind RF in 1/4 Turn to L RF to R Step L fwd 7&8

Dance will stop after the 3rd section of 7&8 of last Wall facing 3h

## [25-32]: R STEP FWD-L TAP BACK-BACK STEP-KICK FORWARD--BACK STEP LOCK STEP-COASTER STEP-KICK BALL STEP

- RF fwd Touch Point LF behind RF- Pose LF in back-Kick RF fwd 1&2&
- 3&4 RF back - Lock LF front of RF - RF Back (RLR)
- LF in Back -RF next to LF -LF fwd (BW LF) 5&6
- 7&8 Kick RF fwd - Ball RF - Pose LF fwd

#### Part B: Instrumental of 24 counts at dancing 2 times

[33-40]: VINE RIGHT- VINE LEFT ¼ TURN LEFT - R CROSS RECOVER R SIDE -L CROSS RECOVER-L SIDE

- RF to R- Cross LF behind RF-RF to R- Touch LF next to RF 1&2&
- 3&4& LF to L - Cross RF behind LF in 1/4 Turn to L - Scuff RF next to LF
- 5&6 Cross RF front of LF (5) - Return hold on LF (&) - RF to R (6)
- 7&8& Cross LF front of RF (7) -Return hold on RF (&) -LF to L (8

# [41-48] STEP ½ LEFT - TRIPLE Fwd--ROCK STEP - COASTER STEP

- Step RF front 1/2 Turn to L- LF fwd- RF back 1-2
- 3&4 Triple Step: forward: RF-LF-RF
- 5-6 Rock Step LF fwd - Return BW on RF
- 7&8 LF back- RF next to LF -LF fwd

# [49-56] SCISSORS CROSS R-L -SCISSOR STEP WITH ¼ TURN L- TRIPPLE FULL TURN L (L.R.L)

- 1&2 RF to R- Gather LF close to RF (hold LF) -Cross RF front of LF
- 3&4 LF to L- Gather RF close to LF (hold RF) -Cross LF front of RF





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5&6 RF to R- Gather LF close to RF (hold LF) - ¼ Turn to the L - RF forward
7&8 Complete Turn in Triple Step to the R :1/2 Turn LF fwd-Gather RF next to LF-1/2 Turn LF fwd

\*1Restart after the 2nd Instrumental part of 24 counts x 2 – Resume Dance For the Final: Forward RF facing to 3h in a  $\frac{1}{4}$  Turn to the Left facing at 12h

« Joyeuse Danse pour fêter les Belles Choses de la Vie »