

# Shadow on the Floor

COPPER KNOB  
BY SHEETS

拍數: 64      牆數: 2      級數: Phrased Advanced  
編舞者: Hege Langhelle (NOR) - February 2025  
音樂: Shadow - Livingston



Phrasing: ABC ABC ACA

Intro. 8 counts

**A: 16 counts.**

**(1-8)ponystep,1/4 sailor,1 1/2 turn R w/sweep&hitch,weave.**

1&2      Rf step back pop L knee(1), recover to Rf(&), Rf step back pop L knee(2).  
3&4      Lf step behind Rf(3), 1/4L Rf step beside Lf(&), Lf step fwd(4).(09.00).  
5&6&      ½ R weight on Rf(5), ½ R Lf step back(&), ½ R Rf step fwd Sweep Lf back to front(6), hitch Lf(&).(03.00)  
7&8&      Lf cross over Rf(7), Rf step R(&), Lf step behind Rf(8), Rf step R(&).

**(9-16)Kick&touch&scuff&cross,unwind,jazzbox.**

1&2&      Lf kick across Rf(1), Lf step L(&), Rf touch beside Lf(2), Rf step R(&).  
3&4      Lf scuff beside Rf(3), Lf step L(&), Rf cross over Lf(4).  
5-6      Bump1/4 L(5), bump ¼ L(6).(09.00)  
7&8&      Rf cross over Lf(7), Lf step back(&), Rf step R(8), Lf cross over Rf(&).

**B:32 counts**

**(1-8)1/4paddleturn,behind,side,cross,side,point,point,side,touch.**

1&2      Rf step R(1), recover to Lf(&), ¼ L Rf step R(2).(06.00).  
3&4      Lf step behind Rf(3), Rf step R(&), Lf cross over Rf(4).  
5-6      Rf step R(5), Lf point behind Rf(6)(arms: cover your eyes with palms out)  
7-8      Lf point L(7)(arms: R arm fwd), weight to Lf Rf touch beside Lf(8).

**(arms: L arm to the heaven)**

**(9-16)behind,1/4,touch,out,out,in,in,3/4 walk**

1&2      Rf step behind Lf(1), ¼ L Lf step fwd(&), Rf touch beside Lf(2).(03.00)

**(arms: L arm to the heart, R arm make a salut)**

&3&4      Rf step to R diagonal weight on heel(&), Lf step to L diagonal weight on heel(1), Rf back to center(&), Lf back to center(4).(arms: both arms fwd)

**(&1), arms crossed in front of body fists closed(&2)).**

5-8      walk 3/4L RLRL ending (06.00)

**(17-24)1/4 rock,3/4 sweep,1/2 run RLR,1/4 rock,3/4 sweep,1/2 run LRL**

1-2      Rf rock R and turn ¼ L R arm push fwd(1), recover to Lf and sweep Rf ¾ R(2).(12.00).  
3&4      Rf step fwd(3), ¼ R Lf step fwd(&), ¼ R Rf step fwd(4).(06.00).  
5-6      Lf rock L and turn ¼ R L arm push fwd(5), recover to Rf and sweep Lf ¾ L(6).(12.00).  
7&8&      Lf step fwd(7), ¼ L Rf step fwd(&), ¼ L Lf step fwd(8), Rf step R(&). (06.00).

**(25-32)behind&hitch,behind&pop,step,lock,step,1/2 pivot,step,step,1/2,3/4.**

1-2      Lf step behind Rf and hitch Rf(1), Rf step behind Lf and pop Lf(2).  
3&4      Lf step fwd(3), Rf lock behind Rf(&), Lf step fwd(4).  
5&6      Rf step fwd(5),1/2 L weight to Lf(&), Rf step fwd(6).(12.00)  
7-8&      Lf step fwd(7), ½ L Rf step back(8), ¾ L step fwd(&).(09.00).

**C:16 counts**

**(1-8)slide,ball,rock,behind,1/4,1/4 slide,ball,rock,behind,1/4.**

1-2 Rf slide R over 2 counts, R arm slide over floor as low as you get  
&3&4& Ball of Lf beside Rf(&), Rf rock R and R arm reach out to R(3), Recover to Lf(&), Rf step behind Lf(4),  $\frac{1}{4}$  L Lf step fwd(&)(06.00)  
5-6  $\frac{1}{4}$  L Rf slide R over 2 counts, R arm slide over floor as low as you get (03.00)  
&7&8& ball of Lf beside Rf(&), Rf rock R and R arm reach out to R(7), Recover to Lf(&), Rf step behind Lf(8),  $\frac{1}{4}$  L Lf step fwd(&).(12.00)

**(9-16)hitch,fwd,rock,1/2 x 3,hitch,fwd,rock,1/2,1/2.**

1-2 Rf step fwd and hitch Lf over 2 counts.  
&3&4& Lf step fwd(&), Rf rock fwd(3), recover to Lf(&),  $\frac{1}{2}$  R Rf step fwd(4),  $\frac{1}{2}$  R Lf step back(&).(12.00)  
5-6  $\frac{1}{2}$  R Rf step fwd and hitch Lf over 2 counts.(06.00)  
&7&8& Lf step fwd(&), Rf rock fwd(7), recover to Lf(&),  $\frac{1}{2}$  R Rf step fwd(8),  $\frac{1}{2}$  R Lf step back(&).(06.00).

**Ready to start A**

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