Can't Dance



編舞者: VanNghi Vo (USA) - January 2025

音樂: Can't Dance - Cooper Alan



This song is all about silly self-deprecation, so is meant for all levels to enjoy! Have fun with it even if you think you "Can't Dance" ;-)

Intro: Start dancing at :12, when he starts singing, "Excuse me"

S1: K Step

1-2	Step R ft forward diagonal, touch L ft together
3-4	Step L ft back diagonal, touch R ft together
5-6	Step R ft back diagonal, touch L ft together
7-8	Step L ft forward diagonal, touch R ft together

S2: Point R Twice, Point L Twice, Heels Jacks, Point R then L

1&2&	Point R ft to right, touch R ft together, point R ft to right, step R ft together
3&4&	Point L ft to left, touch L ft together, point L ft to right, step L ft together
5&6&	Tap R heel forward, step R ft together, tap L heel forward, step L ft together
7&8&	Point R ft to right, step R ft together, point L ft to right, step L ft together

S3: Walk Walk Shuffle Fwd, Rock Recover Shuffle Back

1-2 Step R ft forward, step L ft fo	orward
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3&4 Step R ft forward, step L ft together, step R ft forward

5-6 Rock L ft forward, recover R ft

7&8 Step L ft back, step R ft together, step L ft back

S4: Rock Back Recover, Step Pivot 3x

1-2	Rock R ft back,	recover	L ft

For stens 3-8	playful styling; hip rolls or "cabbage patch" your arms and shoulders
7-8	Step R ft forward, pivot 1/4 to the left placing weight on L ft (3:00)
5-6	Step R ft forward, pivot 1/4 to the left placing weight on L ft (6:00)
3-4	Step R ft forward, pivot 1/4 to the left placing weight on L ft (9:00)